Welcome to Misawa Air Base, Japan!



Airman and Family Readiness Center DSN: 315-226-4735

35fss.afrc@misawa.af.mil http://www.35fss.com/afrc.htm

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TABLE OF CONTENTS

Memo for Inbound Personnel	3
Misawa Air Base Fact Sheets	4
Frequently Used Resources.	9
1. Before You Arrive	10
A. Billeting Arrangements	11
B. Calling Misawa	11
C. Car / License Information	12
D. Housing	12
E. Mail Box	17
<u>F. Pets</u>	17
G. TRICARE Coverage When PCSing	20
2. Arrival Information	21
A. Traveling to Misawa	21
B. In-processing.	25
3. Community Information	27
A. Location and Geography	27
B. Weather	27
C. Festivals and Holidays	28
D. Time Conversion	30
E. Employment Opportunities	30
F. Schools	32
G. Child Care	35
H. Medical Care	37
I. Chapel / Worship	38
J. Recreation.	39
K. Phones and Internet	
L. Television and Radio	41
M. Cars	41
N. Pets	42
O. Base Directory	
4. Japanese Language / Culture	
A. Survival Tips	
B. Yen Rate	
C. Language Guide	46
D. Eating out	47



DEPARTMENT OF THE AIR FORCE PACIFIC AIR FORCES

2 2 OCT 2010

MEMORANDUM FOR INBOUND PERSONNEL

FROM: 35 FW/CC

SUBJECT: Welcome to Misawa Air Base

- As the Misawa Air Base Installation and 35th Fighter Wing Commander, it is my distinct pleasure to
 welcome you to Misawa. This is a special base where members of the U.S. Army, Navy and Air Force
 serve alongside Japan Air Self Defense Force personnel with a clear mission: To defend Japan and
 increase the security of the Pacific Region. Everyone takes great pride in being part of this diverse,
 mission-oriented team.
- 2. "Team Misawa" is consistently recognized for outstanding performance. Our focus is on three main areas: Mission, Leadership, and Community. In addition to many individual and unit awards, Misawa Air Base earned an overall "Excellent" rating in our 2007 Headquarters Pacific Air Forces Operational Readiness Inspection and our 2008 Headquarters Pacific Air Forces Unit Compliance Inspection. We work hard, but we are also vigilant in taking care of each other. Without question, our quality of life is second to none.
- 3. You are joining the Misawa family at a dynamic time. The installation has been growing for over a decade and continues to grow! We are very proud of our outstanding facilities, including three schools, a state-of-the-art hospital, a consolidated club facility, a consolidated support building and a modern Base Exchange/Commissary mall. Recently completed projects include a \$1.2 million junior enlisted facility, an indoor running track, expanded coffee and food services in the north area of base, four renovated or upgraded dormitories, and over 600 renovated housing units by the end of 2010, with more to follow in the coming years.
- 4. The local Misawa community provides many great opportunities to see Northern Japan. Whether you take advantage of the Information, Tickets & Travel office, join an Outdoor Recreation adventure, or strike out on your own, I strongly encourage you to get out and get involved. Our Japanese hosts are very friendly and welcome you to experience their culture, food, dancing and festivals. The varied activities, both on and off base, offer something for everyone, and enhance our community spirit and teamwork.
- 5. Superior community standards and realistic training programs enable the 35th Fighter Wing and its tenant units to stand ready to respond on short notice whenever and wherever tasked. I am confident you will find your assignment at Misawa challenging and rewarding. Misawa is an excellent place to live, work, learn and play. Again, welcome to Misawa!

MICHAEL D. ROTHSTEIN, Colonel, USAF

Commander

Misawa Air Base Installation and 35th Fighter Wing



FACT SHEET

UNITED STATES AIR FORCE

http://www.misawa.af.mil/orgs/pa

35th Fighter Wing Office of Public AffairsMisawa Air Base, Japan 96319-5009

DSN Phone 315-226-3075, FAX 315-226-9342 Commercial Phone: 0176-53-5181, Ext. 226-3075 Commercial Fax 0176-53-5181, Ext. 226-9342

35th Fighter Wing

The 35th Fighter Wing is the host unit at Misawa Air Base, Japan -- the northernmost U.S. air base in Japan. The only combined, joint service installation in the Western Pacific, Misawa Air Base is located on the shores of Lake Ogawara in Misawa City in the Aomori Prefecture.

Mission

The wing's mission is to "protect U.S. interests in the Pacific and assist in the defense of Japan with sustained forward presence, worldwide deployable forces, and focused mission support."

The 35 FW employs two squadrons of the Block 50 model F-16CJ Fighting Falcon. The wing conducts daily F-16 flight training to maintain its combat readiness edge. Its pilots fly air-to-air weapons delivery exercises over water and sharpen their air-to-ground skills using the Draughon Range located 12 miles north of Misawa.

In addition to its flight training schedule, the wing holds quarterly local operational readiness exercises, which allow its people to concentrate training on war fighting skills essential for readiness. The 35 FW also maintains its readiness by participating in Pacific Air Forces-sponsored exercises, including RED FLAG-Alaska, COPE TAUFAN in Malaysia, and COMMANDO SLING in Singapore. The wing also participates in other joint and bilateral exercises, such as NORTHERN EDGE in Alaska and KEEN SWORD in Japan.

Additionally, the wing has continually supported the War on Terror, including two deployments of F-16s and personnel in support of ENDURING and IRAQI FREEDOM in 2007.

Composition

Four groups are assigned to the 35 FW: the 35th Maintenance Group, 35th Medical Group, 35th Mission Support Group and 35th Operations Group. The 35 FW also serves as the host unit to a variety of associate units representing all four U.S. military services. One such unit, Misawa Security Operations Center, includes Naval Air Facility Misawa; Naval Information Operations Command Misawa; 373d Intelligence Group, and the Army's 708th Military Intelligence Detachment.

History

Originally activated at Johnson Air Base, Japan on August 10, 1948 the wing carries the bestowed honors of the Army Air Force's 35th Fighter Group, established on December 22, 1939.

Through various reorganizations, re-designations, in-activations and reactivations, many installations throughout the globe became home to the 35th Fighter Wing and its changing mission. Originally the 35th flew air defense over Japan but, in 1950, the wing deployed a tactical group and two squadrons to support ground forces during the Korean War.

From 1971 to 1992, the 35th called George Air Force Base, CA, home. During Operation DESERT STORM, the 35th operated out of Bahrain and played a key role in the war's successful air campaign, flying 3,072 combat missions totaling more than 10,000 hours. From May 1993 to September 1995, the 35th operated out of Naval Air Station Keflavik, Iceland.

After a 37-year absence, the 35 FW returned to its roots October 1, 1994, when it replaced and assumed the mission of the 432nd Fighter Wing at Misawa Air Base. Since achieving initial operating capability with its F-16CJ aircraft in 1996, the wing's fighter squadrons deployed nine times to Southwest Asia for Operation SOUTHERN WATCH and three times for Operation NORTHERN WATCH. In March 2003, the 14 FS supported Operation IRAQI FREEDOM while deployed to SWA, flying 238 combat sorties and 1,336 hours including missions over Baghdad during "shock and awe," the opening night of the war.

Throughout the 35th Fighter Group's and 35 FW's sixty-six year history, it has flown 25 different aircraft. Its major unit awards and citations include a Distinguished Unit Citation, a Presidential Unit Citation, a Republic of Korea Presidential Unit Citation, six Air Force Outstanding Unit Awards with Combat "V" device, eight Air Force Outstanding Unit Awards, and three Republic of Vietnam Gallantry Crosses with Palm.

The 35th Fighter Wing is the host unit at Misawa Air Base, Japan — the northernmost U.S. air base in Japan. The only combined, joint service installation in the Western Pacific, Misawa Air Base is located on the shores of Lake Ogawara in Misawa City in the Aomori Prefecture.



U.S. Naval Air Facility Misawa



NAVAL AIR FACILITY MISAWA, Japan (May, 3, 2010) - Aviation Boatswain's Mate Equipment 2nd Class Ryan Aguero directs the Naval Air Facility Misawa (NAFM) C-12 to its parking spot upon landing at Misawa Air Base after completing its assigned mission. NAFM's C-12 supports the Navy Air Logistics Office and also deploys in support of Operation Enduring Freedom Philippines. (U.S. Navy photo by Mass Communication Specialist 2nd Class Matthew M. Bradley)

Description

U.S. Naval Air Facility Misawa (NAFM) is an associate command of Misawa Air Base and is hosted by the U.S. Air Force 35th Fighter Wing (FW). Under the leadership of commanding officer, Capt. Christopher A. Rodeman, NAFM is tasked with providing aviation and ground logistic support and services to all permanent and transient USN and USMC forces in Northern Japan.

The Navy presence at Misawa is nearly 20 percent of the total population of Misawa Air Base, with more than 100 personnel assigned to the NAF and more than 600 personnel in tenant commands receiving direct support from the NAF. Navy personnel at Misawa are involved in a diverse range of activities, including airfield operations, aircraft maintenance, supply and logistics, fuel operations, ordnance operations, and intelligence.

NAF Misawa embraces a "one team, one fight" mentality in every aspect of its operations. It is an integral part of the Misawa Air Base Community, constantly seeking opportunities to increase mutual understanding and better coordinate with its 35th FW and Japanese Air Self-Defense Force counterparts, through training, exercises, and cultural exchanges.

Features

NAF Misawa hosts 17 permanently assigned associate and tenant commands. Additionally, Patrol Squadrons (VPs) deploy to Misawa for six-month tours.

Location

U.S. Naval Air Facility Misawa, Japan, is located on board Misawa Air Base. Geographically, it is near the northern tip of Honshu, the largest of the islands that comprise Japan.

Tenant commands

NAF also plays host to several tenant commands at Misawa including:

- Aircraft Intermediate Maintenance Detachment (AIMD) provides intermediate maintenance level support for deployed P-3 Orion aircraft and transient support for visiting Carrier Air Wings/Marine Air Groups and visiting aircraft.
- **Aviation Support Division (ASD)** provides Ready-for-Issue aviation material to organizational and intermediate level maintenance activities.
- CNFJ HRO provides a full range of civilian personnel actions for U.S. Naval Forces Activities
 and serviced Tenant Commands. The services include standard civilian personnel management
 functions of staffing, compensation, wage and classification, labor and employee relations and
 services, employee development, and equal employment opportunity.
- Commander Task force 72 maintains the operational readiness of forward deployed Maritime Patrol and Reconnaissance Aviation Forces and operates the Tactical Support Center.
- Educational and Developmental Intervention Services (EDIS) is a congressionally mandated program providing specialty services to children from birth to age twenty one.
- NAVSUP Fleet Logistics Center Yokosuka Detachment Misawa (NAVSUP FLCY MI) is responsible for the stock control, inventory accuracy, and material management of items for deployed P-3 squadrons.
- Naval Communications Detachment (NCD) provides tactical support and controls communications, manages the Communications Security Material System (CMS), and provides Gateguard technical assistance.
- Navy College Office provides professional counseling and advisement for Sailors on all matters
 relating to academic programs, tuition assistance, SMART Transcripts, SOCNAV agreements,
 CLEP/DANTES and Excelsior testing options.

- Navy Munitions Command East Asia Division Unit Misawa (NMC EAD Unit Misawa) is responsible for the receipt, stowage and issue of munitions for local, transient, and deployed pacific theatre commands. NAF Weapons consists of military members who handle aviation Class V (A) ammunition issues from safety to procurement, storage, build-up, delivery, and subsequent aircraft loading and downloading. AOs are also responsible for the organizational and intermediate maintenance of equipment including aircraft weapons systems, guns, and gun pods.
- Naval Oceanography Antisubmarine Warfare Detachment (NOAD) provides meteorological and oceanographic services to all military activities, staffs, units, and to all transiting military units, including other local DoD activities requesting support.
- Navy Pay and Personnel Support Center Detachment Misawa (NPPSC) provides pay, personnel, and passenger transportation services to DoD personnel and their families.
- Public Works (NAVFAC FE) is in charge of facility support and planning, SRM & Facility Services, JFIP & Special Projects, engineering and acquisition, Base Support Vehicles and equipment, energy conservation and utilities management, environmental support, and has a Crane Certification Program.
- **Region Legal Service Office (RLSO)** Branch Misawa Japan provides a full panoply of government legal services, court-martial prosecution, and command legal advice and support.
- U.S. Navy Information Operations Command (NIOC) in Misawa is a command of more than 100 Sailors which continues a long-standing reputation for excellence handed down by its predecessors since 1971.
- **Deployed patrol squadrons (VPs)** are assigned to Misawa on six-month rotations and are tasked with patrolling the waters for submarines and surface ships. The patrol squadrons fly the latest models of the P-3 Orion pursuit aircraft and work closely with other Seventh Fleet units to provide long-range reconnaissance and surveillance.

Army Detachments: Joint Tactical Ground Station (JTAG)

The U.S. Army Space and Missile Defense Command (SMDC) provides command and control to the 1st Space Brigade and the 100th Missile Defense Brigade (Ground-based Midcourse Defense). SMDC also provides secure, space-based Blue Force Tracking and communications planning through Regional Satellite Communications (SATCOM) Support Centers and the Spectral Operations Resource Center to Army forces and, upon request, to joint war-fighters.

708th Military Intelligence

Intelligence always has been an essential element of Army operations during war as well as during so-called periods of peace. To meet the Army's increased requirements for national and tactical intelligence, an Intelligence and Security Branch was established. Military Intelligence officers provide timely, relevant and accurate intelligence and Electronic Warfare (EW) support to leaders at all levels. MI officers lead, manage and direct intelligence planning and operations across the entire operational continuum.

Misawa Security Operations Center

This U.S. Armed forces Unit is an integral part of the world wide U.S. Department of Defense communications network. The mission of the Misawa Security Operations Center at Misawa Air Base, Japan, is to provide intelligence to enhance situational awareness for national decision-makers and military commanders. Additional functions include transmission security, research into electronic phenomena, assistance for air-sea rescue, and navigational aid for friendly forces.

Composition

The MSOC is a tri-service organization composed of U.S. military members from three service branches and over 500 personnel. Military units that make up the MSOC include: the 373d Intelligence, Surveillance, and Reconnaissance Group, the Naval Intelligence Operations Command (NIOC) Misawa, and the 708th Military Intelligence Detachment.

Each unit under the MSOC provides similar functions, including: rapid radio relay; secure communications; and command, control, communications and countermeasure support to U.S. and allied forces.

Unit members develop and apply techniques and material designed to ensure that friendly command and control communications are secure and protected from hostile countermeasures including interference, jamming and intrusion. They also advise U.S. and allied commanders concerning procedures and techniques, which could be used to counter enemy command and control communications.

Japan Air Self Defense Force at Misawa Air Base

Misawa Air Base is the only military installation in Japan where the Japan Air Self Defense Force and U.S. Air Force conduct joint air operations. Misawa's strategic geographical location on the northern part of Japan's main island of Honshu is essential to the JASDF's northern defense role and the joint JASDF and U.S. military presence here produces a maximum level of security for Japan.

Units

There are 18 major JASDF units assigned to Misawa. Among the key JASDF organizations assigned here is the Northern Air Defense Force Headquarters, which is responsible for maintaining the air defense for northern Japan and to respond to air territory violations over this part of the nation.

The NADF features two front-line units -- the 2nd Air Wing based at Chitose Air Base on the island of Hokkaido and the 3rd Air Wing based at Misawa. The NADF also includes the Northern Aircraft Control and Warning Wing and two Patriot missile groups.

The 3rd Air Wing serves as the host unit for JASDF members and units assigned here. The wing's F-2 and F-4EJ jet fighters have a variety of missions, including close air support, marine air support and the air defense of northern Japan against violations of Japanese air territory.

Other JASDF units based at Misawa operate the T-4 trainer, E-2C Hawkeye and the CH-47 logistics helicopter.

Relocating is an exciting and challenging experience. The following are some of the resources available to help your move go smoothly:

- Your local Airman and Family Readiness Center, Fleet and Family Service Center, or Army Community Services can provide access to information about Misawa AB and relocation in general. http://www.35FSS.com/afrc.htm
- Misawa Air Base Sites: http://www.35fss.com
- **Misawa Naval Air Facility Sites**: http://www.navy.mil/local/nafmisawa/
- Misawa Army Detachments: www.army.mil/smdc
- Guidelines for PCS'ing With Your Pet: http://www.usarj.army.mil/organization/vet/import.aspx and http://www.maff.go.jp/aqs/english/animal/dog/index.html
- **Military Home Front:** The official Department of Defense website for quality of life. http://www.militaryhomefront.dod.mil
- Overseas Housing Allowance: Assignment to on base family housing for active duty accompanied members. Unaccompanied Officers and NCOs will be housed in the local community.
 Unaccompanied Key and & Essential personnel will be housed on base. If you're required to live off base, look up housing allowances at the following website: http://www.defensetravel.dod.mil
- Cost of Living Allowance: http://www.defensetravel.dod.mil
- **Department of Defense Schools:** Find out about school systems: http://www.dodea.edu (DoDEA home page) and http://www.pac.dodea.edu (DoDEA Pacific Region)
- Federal Employment: http://www.usajobs.gov
- **Air Force Crossroads:** This site has information on all branches of the service by location. http://www.afcrossroads.com
- Maps on-line: http://www.mapquest.com
- Military One Source: http://www.militaryonesource.com
- TRICARE: http://www.tricare.mil
- Other Websites:

http://www.misawajapan.com (current events and upcoming festivals)

http://www.japantoday.com (News - similar to USA Today website)

http://www.misawa-forums.com (community website)

http://www.facebook.com/NAFMisawa (Naval Air Facility, Misawa AB)

http://www.facebook.com search for Misawa Airman & Family Readiness Center

http://www.facebook.com/35FSS (35 Force Support Squadron)

1. BEFORE YOU ARRIVE

Return to Table of Contents

Misawa AB authorizes full JFTR for all ACCOMPANIED military and DOD civilian personnel. The Overseas Furnishings and Quarters report authorizes full JFTR for unaccompanied_members E5 and ABOVE, and DOD civilian personnel. Weight restriction is limited to members in grades E1-E4 unaccompanied who will reside in a fully furnished dormitory room. To verify your weight entitlement, please go to the AFPC website and search "Government Furnishings".

Contractors and technical representative personnel are NOT authorized FMO support. Please get with your company to make arrangements for appliances/furnishings support.

Members with full weight entitlements must bring their essential household goods; i.e., living room set (couch, chair, coffee table, end table, lamps), dining room sets (table and chairs), and bedroom sets (bed, dresser or chest, night stand, lamps) while storing non-essential furnishing items in NTS (Non Temporary Storage) stateside.

Basic support items provided for the duration of a member's tour: stove, refrigerator, washer, and dryer for both on/off base housing.

The Air Force is the office of primary responsibility for the Furnishings Management Program (FMO) which includes support for all DoD services.

FMO loaner kits consist of the basic living room, dining room, and bedroom set. Personnel will not be able to keep furnishings (excluding basic support items listed above) for the duration of their tour. Furnishing entitlements are based on your orders and are not provided to support visitors or houseguests. There will be no extension approved on loaner sets except for the delay of your HHG shipment. Installation commanders may authorize exceptions when circumstances warrant (for example, when customer experiences hardships, natural disasters, or other unforeseen difficulties). Personnel must ensure they ship their own furnishings or they will have to purchase furnishings here.

Inbound personnel should be cautioned against shipping everything they own. Government and local economy houses are generally smaller compared to those in the United States. It is recommended that you leave large furniture items or excess household goods in stateside non-temporary storage. There are storage unit rentals available in the local area and via AAFES, however space is limited and there are fees depending on size of the storage unit. Be sure to check with your Travel Management Office (TMO) to ensure your full weight entitlement has been allotted to you prior to PCSing to Misawa. For more information, contact FMO at 35ces.fmo@misawa.af.mil, DSN 315-226-3565 or Misawa TMO at DSN 315-226-3525.

INBOUND PERSONNEL SHOULD NOT SHIP MAJOR APPLIANCES, KING-SIZE OR CALIFORNIA KING BEDS. Make arrangements to procure adequate bed set to ship with HHG. ADDITIONAL ITEMS NOT RECOMMENDED FOR SHIPMENT INCLUDE: Large German shrunk cabinets, Jacuzzis, upright/deep freezers, waterbeds, large antique furniture, curio style grandfather clocks, oversized china cabinet, oversized wall units or wall to wall entertainment centers, oversized sectional sofas and oversized desks. Outdoor or patio furniture should not be shipped if Tower housing is preferred.

Members are advised to contact their assigned sponsor before making any final arrangements for shipment of HHG's to Misawa. Members may also contact Furnishings Management Office at

<u>35ces.fmo@misawa.af.mil</u>, DSN 315-226-3565, Commercial 011-81-3117-66-3831 for further information.

Here are some items you should plan to carry with you:

- Identification Cards
- PCS Orders
- Plane Tickets
- Passports
- Medical records, Shot Records, Prescriptions Drugs
- Household Inventory
- School Records
- Employment Documentation (resumes, letters of recommendation)
- Children's Need: toys, books, diapers, bottles, Etc.
- Pet Needs: Health Records, Carriers, Leashes, Dishes
- Clothes appropriate for season of travel

A. BILLETING ARRANGEMENTS:

Return to Table of Contents

For Accompanied Members or Unaccompanied Members E-4 and above with more than 3 years of service:

- Misawa has Temporary Living Facilities (TLF) for incoming families. Reservations are taken on a first come, first served basis. Enlist the help of your sponsor or call DSN: 315-222-0279/0280 to make reservations in advance. Be sure to have your credit card ready and the exact date of your arrival. If you have special needs, such as a 1st floor room due to a medical condition, be sure to include that in your request. You are authorized to stay in TLF for 30 days based on a space-availability and also the availability of housing.
 - Pets are not allowed in base lodging. Arrangements must be made to board the pet(s) at the Base Kennel (315-226-2228).

Unaccompanied Members E-4 and below with less than 3 years of service:

• TLF is not authorized for unaccompanied E-4s and below with less than 3 years of service. Send a copy of your orders to your sponsor so they can reserve a dormitory room assigned. If you have questions, call the dormitory managers office at DSN 315-226-4299, Bldg. 671.

B. CALLING MISAWA:

Return to Table of Contents

Calling DSN:

- From within PACAF and PACOM, dial 222-xxxx OR 226-xxxx for duty phone numbers.
- From outside of PACAF, dial the PACAF DSN prefix, 315, and then the number.

Calling Commercial from the States:

- For numbers beginning with 616: dial 011-81-176-66-xxxx.
- For numbers beginning with 226: dial 011-81-176-77-xxxx.
- For numbers beginning with 222: dial 011-81-176-66-xxxx
- To place a call through the Misawa Base Operator, dial 011-81-176-53-5181.

Calling Commercial within Japan:

- For 616-xxxx numbers, dial 0176-66-xxxx.
- For 226-xxxx numbers, dial 0176-77-xxxx.

C. CAR / LICENSE INFORMATION:

Return to Table of Contents

It is not advisable to ship a car to Misawa for several reasons – high cost of extensive modifications needed to meet Japanese emission controls (\$1,500 or more), lack of replacement parts, and steering wheel on left side of the vehicle makes driving hazardous. Vehicles need to be converted back to original condition prior to shipping back to the U.S. for conformance with EPA/DOT standards. Reliable transportation can be easily obtained, either on base or off base, ranging from \$1,000-\$5,000. You may ship a motorcycle to Japan in your HHG shipment if it meets the emission and brake laws. For return shipment to U.S., you must show proof of shipment from the U.S. (use of inventory is valid). Motorcycles (50cc or more) must meet EPA/DOT requirements to re-enter the United States.

However, if you feel strongly about bringing your POV to Misawa, please be aware that **POV shipments** are subject to embargo or waiver requirements.

POVs manufactured **prior to** 31 March 1976 will have to meet the insurance, taxes, registration fees and local vehicle emission standards and safety requirements (headlights, color of bulbs, MPH to KPH speedometer, etc.). This category will not require a waiver and may be shipped to Mainland Japan as appropriate. Estimated cost per vehicle is \$600 to \$1200 based on 82 Yen to \$1.00 US dollar.

POVs manufactured **after** 31 March 1976 will have to pass the Japanese Vehicle Emission Standards (JVES), plus the above mentioned items (insurance, tax, and registration requirements). This category will require prior approval (a waiver) from the gaining Transportation Officer (see below for contact information). Estimated cost per vehicle is \$3650 to \$6075 based on 82 Yen to \$1.00 US dollar.

Due to the remote locations and size of Misawa AB, there are no on base facilities authorized to modify or inspect vehicles to meet Japan emission and safety standards. The estimated cost per vehicle may be \$2450 to \$6075 based on 82 Yen to \$1.00 US dollar

Members should contact their sponsors and/or transportation offices regarding the waiver process.

Personal Property Office, 35 LRS/LGRDF Misawa AB, Unit 5014, Box #29 APO AP 96319-5014 Phone Number (DSN) 315-226-3525

Email Address: 35 LRS.LGRT@misawa.af.mil

When requesting a waiver the following information should be included: Make/year/model of vehicle and vehicle identification number (VIN), if equipped with California emission.

To obtain a Japan driver's license; you must have a current and valid stateside license and take a written test. Japan uses international road signs, which are a little different than the States. We also drive on the left side of the road, which takes a little getting used to. Driver's Training is offered to new personnel weekly and driver's licenses are issued at that training.

D. HOUSING:

Return to Table of Contents

Mandatory assignment to on base family housing began September 2009 for all accompanied, active duty members of all services are made by the Housing Office. Rank and family size will determine your

eligibility and waiting time. For additional information on base housing floor plans, housing brochures and pictures, please visit the Misawa AB web page at: http://www.misawa.af.mil/library/newcomerspage.asp

As soon as you know you are coming to Misawa, you should contact the Housing Office, Navy billeting or Air Force dormitory.

Check-in Procedures:

You must see the Housing Office within 24 hours of arrival. If arriving on weekends or holidays, report to housing on the following duty day after arrival. All new personnel arriving to Misawa require a briefing at the Housing Office or the Consolidated Dorm Management Office as part of in-processing to discuss entitlements, eligibility, and to receive their assignment to a residence/dorm if applicable. You will be required to present your orders to check into either permanent or temporary lodging at this time.

Eligibility:

All military members with command sponsored dependents, regardless of grade, will be required to live in family housing that meets the member's rank and family size. Eligible DoD civilians may apply for base housing at Misawa AB.

1. Government Housing

Family Housing units are located in two separate housing areas. One housing area is located on the Main Base. The other is the North Area, which is approximately a 10 minute drive from the Main Base and has amenities such as Cummings elementary school, Freedom fitness center, a shoppette complex, dry cleaners, Starbucks, a gas station, Robin Hood, and Anthony's Pizza. Many of the housing units have recently been renovated, both on Main Base and North Area.

Misawa has a no smoking policy for all Towers, Senior Officer, Prestige and renovated housing units, making 80% of all on base family housing smoke free. Designated smoke huts have been set up for all towers; all other residents that reside in smoke free housing units are permitted to smoke outside their homes.

Air conditioning is not permitted in base housing units due to limited electrical grid capacity. However summer humidity conditions are brief at Misawa, and the use of dehumidifiers with fans will maintain pleasant conditions. Early summer months are rainy and foggy and therefore humid; in contrast the winters are dry. Consider dehumidifiers for summer and humidifiers for winter.

a. Availability:

Housing for your category may not be immediately available. If this should occur, you will be placed on a waiting list and contacted once a unit becomes available. You are encouraged to submit an advanced application for housing DD form 1746; this form is available on line. Sending an advanced application does not pre-assign a family housing unit for personal preferences.

b. Command Sponsorship Policy:

If your orders do not state that you are on an accompanied or joint-spouse tour, or your dependents are not listed on your PCS orders, you must provide proof of accompanied tour/command sponsorship in order to be eligible for government housing. For Army and Air Force personnel, this may be in the form of a letter issued by your servicing Personnel Office. For Navy and Marine personnel, it must be PSD Form 11101/1.

c. Pets:

An Air Force Guidance Memorandum – Pets in Military, Government-Managed and Privatized Family Housing (Change to AFI 32-6001) was implemented in 2011. The policy standardizes pet policies across the Air Force and is compatible with policies of other services. Please refer to AFI 32-6001_AFGM2.1. If you are wishing to bring an aggressive pet, please email housing@misawa.af.mil for further guidance.

You may only have two pets in base housing. This does not include animals that permanently reside in cages or tanks (e.g., hamsters, turtles, etc.). If you wish to have a pet other than a cat, dog, gerbil, hamster, guinea pig, white mouse, rabbit, fish, turtle, passerine bird (perching birds and song birds), or psittacine bird (parrots), you must submit a written request to the base veterinarian for consideration before receiving approval from housing.

Pets must be under hand-held leash control, inside a fenced yard, or leashed to an in-ground anchor with the pet owner present and in control of the pet. If you have a dog that barks excessively causing neighborhood disturbance, you must immediately quiet the animal. There are a total of 13 towers on base, four of which allow dogs and cats, all other homes permit pets. It is strongly encouraged to come without your pets until housing has been secured.

Pets are not allowed in public buildings, swimming pools, sports areas, tennis courts, parade grounds, playgrounds, ball fields, basketball courts, beaches, at public gatherings, or the golf course unless approved by the base veterinarian.

You must immediately remove and properly dispose of waste deposits (feces) while walking your animal(s). Failure to do so may result in the removal of the animal from base and/or administrative actions. All deposits left in pens or litter caused by your pet(s) must be removed and properly disposed of daily.

Pet owners must report lost, deceased, and/or new pets to the base Veterinary Treatment Facility within 24 hours.

Should your pet escape from your control, you should contact the veterinary clinic. If your animal is apprehended by the Civil Engineer Entomology section or Veterinary Services you will be cited. If cited more than twice in a 12-month period, you may be required to remove the animal from the base. The breeding of pets for profit is strictly prohibited in military family housing.

2. Unaccompanied Service Member Housing

Air Force Dormitories are available for unaccompanied or single Air Force personnel. It is mandatory for all E-4 and below to live in unaccompanied housing (dormitories). Others are eligible based on space availability, which is limited. Unless designated as key and essential, all unaccompanied Air Force E-5 and above should expect to live in off base housing. On base housing for key and essential positions are worked on a case by case basis.

Your squadron or sponsor will take care of getting a dorm room for you as soon as they are notified of your assignment. They can also have your room ready for you upon your arrival, reducing your transition time. Please see the consolidated Dormitory Manager at DSN-315-226-4000.

There are 795 dormitory rooms that are approximately 280 square feet. Each room has a private entrance and a private bath. All rooms are fully furnished with refrigerator, microwave, desk/chair, full size bed, and night stand and/or wardrobe closet. Each building also includes TV lounges, recreation rooms, and laundry facilities Smoking is not permitted in any dormitory; smoke huts are located near the dorms.

Navy Combined Bachelor Housing manages 299 permanent and 475 transient dorm rooms for the Navy. Currently, all unaccompanied E-6 and below are required to live in the dorms. Exceptions are made when rooms are filled to capacity, which is rare. Rooms are of similar size and furnishings as the Air Force; however, every two private rooms share a bathroom. There are TV lounges, recreation rooms, and laundry facilities in the dormitories. Arrangements for a room can be made prior to arrival through a sponsor or by contacting Navy Billeting.

Both the Navy and Air Force work to maintain unit integrity throughout the dorms. There are outdoor gazebos and barbecue pits available for residents use. The dorms have a campus like atmosphere with sidewalks and exterior lighting that makes for a safe environment. They are close to the BX, commissary, theater, chapel, shoppette, food drive-ins, gym, post office and dining hall. Covered bike racks and storage sheds are available.

3. Exceptional Family Member Housing

At this time, Misawa does not have any exceptional family member housing. There are very limited facilities for family members with special needs. In addition, the units are not air conditioned. The lack of modified housing is considered during the family member's overseas travel clearance process.

4. Non-Government Housing

a. Rental Options:

If you are required to live off base, the Housing Office maintains a listing of off base rental properties, maps of the local Misawa area, and a list of English speaking real estate agents to assist you in your search. Your sponsor will be extremely helpful during this process since you will be responsible for locating and viewing the homes on your own. Off-base rental homes are listed at www.AHRN.com. You may view and research homes through prior to your arrival.

b. Things to consider if you are required to live off-base:

- -- Give preference to residences that maximize safety and security while minimizing the need for security upgrades.
- -- For single-family residences, preference should be given to those with a perimeter barrier, such as a wall or fence that deters access to the property.
- -- Preference should be given to residences with off street parking; ideally secured in some manner.
- -- Entrances should have a substantial door.
- -- Each entrance should have a viewer to permit the occupant to identify visitors without opening the door.
- -- Each entrance should have a deadbolt lock. A-double cylinder lock should be used if placed within 40 inches of a glass sidelight or door window; fire safety rules should be considered when installing this type of lock.
- -- Accessible window/openings should have a latching or locking mechanism.
- -- Residences having multiple access routes to arterial roads should be given preference.
- -- Grounds adjacent to the building façade and all entrance areas & apartment hallways should be illuminated.
- -- Give preference to residences with alarm protected windows/openings and doors.

Japanese homes are smaller than those in the U.S., so be prepared. Your housing allowance ceiling is normally enough to cover homes that are available off base. The table below displays approximate sizes and their associated rents. Please note that large homes, 4-5 bedrooms, are extremely limited. The security deposit may be up to one month rent; most units will not allow pets and those that may will charge non-refundable deposit.

Rental Properties								
# of Bedrooms	Square Footage	Garage/Car Port	Rent					
2	900-1100	1 car	\$1000-\$1300					
3	1100-1690	1 or 2 car	\$1300-\$2250					
4	1800-2300	2 cars	\$2250-\$2875					
5	2300+	2 cars	\$2500+					

It is EXTREMELY IMPORTANT that individuals know their responsibilities as outlined under the Japanese lease agreement when leasing off-base housing. All off base leases are between the rental agent and the military member, the Housing Office may assist in resolving any disputes, however the military member is ultimately responsible to resolve. Some agreements require utilities (heat) be left on during winter months to ensure no plumbing damage occurs (frozen pipes-etc.). In the past, individuals have incurred considerable financial responsibility for damage to leased property in this respect. If unsure of your responsibilities, ask a Housing Office representative.

If you have any questions regarding off base housing, please contact the Misawa Housing Office at 011-81-176-77-3200 or DSN: 315-226-3200.

c. Mobile Homes:

There are no mobile home parks available to military members in Misawa.

d. Housing Frequently Asked Questions:

- a. Do you have housing for pay grades E1-E3? YES
- **b.** How soon can I expect to be housed in military family housing upon arrival? **Depending on rank and family size, housing may be available within 0-30 days**
- **c.** What does telephone and cable installation usually cost?

Phone

Off Base:

Initial connection fee: Phone line ¥2.100

Monthly-charges: ¥1,960 plus charges for each call

On Base:

Phone line: \$39.00 including 100 free minutes to USA, no connection fee

<u>Internet</u>

Off base: DSL ¥1,980 - 2,980

On Base: DSL \$60.99

Cable

Off Base: depending on selection: up to ¥3,910

On Base: Free AFN channels or cable TV \$50.00 - \$80.00 per month

5. Temporary Lodging Allowance (TLA)

Members on concurrent travel or unaccompanied members in pay grade E-5 and above are entitled to TLA. TLA begins on the day of arrival at Misawa AB (date shown on your travel voucher). To claim TLA, you must first register with the Family Housing Office. Lodging will provide documentation you

will need to submit with your claim. Once you receive permanent housing, you must move in on the first available date or lose your TLA entitlement. When on-base housing is offered and member declines the unit, TLA will stop on the availability date. If entitled to off-base housing, you are required to aggressively seek quarters by conducting a minimum of 10 property visits in a 10 day period. If member declines an appropriate, available unit, TLA will stop on the day the unit would be available.

E. MAIL BOX:Return to Table of Contents

To be assigned a mail box prior to arrival at Misawa AB send a full copy of your orders to your sponsor along with arrival date and request that the sponsor reserve a mail box prior to your arrival. Another option is: contact the post office directly by faxing a copy of your orders along with inbound unit information, Misawa duty phone number, supervisor's name, and arrival date to the Post Office Customer Service at DSN 315-226-2541 requesting a box number.

F. PETS:

Return to Table of Contents

For complete information on PCSing with a pet to Misawa go to the following websites: http://www.usarj.army.mil/organization/vet/import.aspx
http://www.maff.go.jp/aqs/english/animal/dog/index.html

Other good resources are:

- Misawa AB Kennel: http://35fss.com/kennel.htm (Prices and contact info for reservations.)
- Air Force Crossroads: http://www.afcrossroads.com
- Military Homefront: http://www.militaryhomefront.dod.mil

1. Pet Import Requirements:

- Japan discourages the importation of dogs and cats under the age of 12 months. These pets rarely meet the vaccination and FAVN testing requirements. Pets under the age of 12 months can be imported but must start with a 180 day quarantine period.
- All dogs and cats must FIRST obtain a microchip prior to receiving any vaccinations and FAVN testing. The microchip number must be included on the rabies and health certificates and on the Fluorescent Antibody Viral Neutralization (FAVN) Results form.
- All dogs and cats arriving from a non-rabies free country or area must be vaccinated with an inactivated rabies vaccine at least 30 days and not more than 12 months prior to arriving and must show a history of 2 rabies vaccinations.
- All dogs and cats must have a Fluorescent Antibody Viral Neutralization (FAVN) Test performed. This test measures the protective antibody level against rabies.
- All dogs and cats must have a health and rabies certificate issued by a Military Veterinarian. A USDA Federal Veterinarian (http://www.aphis.usda.gov/animal-health/area offices) must certify with a raised seal all certificates issued by civilian veterinarians.
- All dogs and cats must give prior notification to the Japan Animal Quarantine Service as soon as commercial transportation is scheduled.
 http://www.maff.go.jp/aqs/english/animal/dog/index.html

2. Required Pet Documents For Entry Into Japan:

All of the following documents must be attached to the outside of the airline kennel (Ziploc bag works best). Label the bag: "Export/Import Pet Documents."

A Pet Processing Checklist is available at the Japan District Veterinary Command (JDVC) website http://www.usarj.army.mil/organization/vet/index.htm. They also have all the required forms mentioned above posted online. This site is a great source of information for all your pet concerns in Japan.

- a. Travel orders (2 copies of PCS orders for each pet).
- b. Rabies Vaccination Certificate (DD Form 2208; 2 copies and original).
- c. Health Certificate (MDJ OP Form 2209; Veterinary Health Certificate for Import/Export for Japan; 2 copies and original), the health certificate cannot be older than 10 days. If there is a layover that will cause your health certificate to expire, then a new health certificate must be obtained. Health certificates must list the last 2 rabies vaccinations including manufacturer, LOT #, and expiration date of vaccine. It must also include the Pet microchip number. If a civilian vet issues the health certificate, the additional requirement of obtaining a raised USDA seal from the closest USDA office on both the health certificate and the rabies certificate is mandatory. A listing of offices is available on the JDVC website given in the contacts section below.
- d. MDJ OP Form 2209 (Japan Ministry of Agriculture Advance Notification Form). If the animal travels via commercial air, the pet owner must fax an advance notification form to the commercial port of entry. A notification approval will be returned by the GOJ Animal Quarantine Service. This approval is used when checking in with the airline when departing for Japan. The owner must also show this approval to GOJ authorities upon arrival in Japan.
- e. MDJ Form 270 (Pet Quarantine and Examination Certificate; 2 copies) All SOFA status personnel entering Japan with a pet are required to complete a MDJ 270. Be prepared to provide the following information.
 - (1) Military Address
 - (2) Organization
 - (3) Name of the military installation where the animal will be presented for the final physical examination or quarantine.

The MDJ 270 allows your pet to be released to you for transportation to your US Military Quarantine Facility. Based on how many of the requirements you meet determines the time your animal must remain in quarantine ranging from 14 to 180 days. Currently, this is an in home quarantine on Misawa AB since there is no Japan Quarantine Facility near Misawa. However, this requirement is currently being renegotiated and may change. Please download the form and fill it out before arrival. You are required to submit the form to your US Military Veterinary Treatment Facility within 72 hours of entry into Japan.

f. USFJ Form 380 EJ (Customs Free Import or Export of Cargo or Customs Declaration of Personal Property) needed only if shipping pet(s) as cargo (flying separately).

3. Transportation of Pets:

IMPORTANT - All incoming animals must enter Japan through officially designated ports in order to clear the Japanese Animal Quarantine service. The Airport designated for CONUS and other countries is Narita International Airport. Japanese Animal Quarantine (JAQ) offices are closed from 1200 Saturday until Monday 0800. Therefore, animals arriving after 1200 Saturday must remain in the airline kennels. The cost of this action, plus the cost of transportation to final destination, is the sole responsibility of the owner. *Ideally, flights selected should arrive during normal working hours. Contact the JAQ office for more information:* 011 - 0476 - 32 - 6664.

While traveling by air, the animal must be in a cage approved by the International Air Transportation Association and be large enough for the animal to stand up, turn around, and lie down with normal posture and body movements. Several layers of newspaper, shredded paper, or absorbent material should be placed in the bottom of the container. Do not use straw, hay, grass, sawdust, sand, or soil. Pets must be individually caged. A familiar article or toy in the cage may placate the animal. Pets should be lightly fed and given water before turn-in for shipment. Pets should also be exercised before being brought to the terminal. Some animals with snub noses may experience respiratory difficulty in flight. Ensure containers have adequate ventilation and pets are free of respiratory problems.

Travelers must also remember that US flag commercial airlines and the Japan Air Lines (JAL) will not accept pets when the temperature is above 85 degrees (effective from 15 May thru 15 Sep). There are also restrictions for certain breeds once the temperature reaches 70 degrees. Please confirm policies with the carrier you fly with. Booking an early morning or late evening flight could help avoid delays due to these restrictions.

a. Commercial Plane:

Make sure you schedule your commercial flights carefully so that animal customs inspection can be preformed when you arrive. Remember as stated above, JAQ is CLOSED between 1200 Saturday and 0800 Monday. Animals arriving between these times must remain in the airline kennels until Monday. The cost of the stay and cost of transportation to the final destination is the responsibility of the owner. The cost is rather expensive, so one should select flights that arrive during normal work hours.

Pets must be caged in an approved carrier and are generally limited to 45 kg (99 lbs) with carrier. Pet fees vary by airline but can range anywhere between \$60-\$300 per airline which is not reimbursable. Small animals that fit safely and comfortably in a hard sided carrier that fits under the seat can be carried in the cabin, if prearranged. If you fly commercial, you will also need to transfer airports in Tokyo which can take from 1 to 3 hours depending on traffic. You may be required to stay overnight in Tokyo. Most hotels do not allow pets but the Narita Radisson Hotel will. You can call them directly at 011-81-476-93-1234 or 1-800-333-3333 for worldwide reservations.

b. Transport Between Tokyo Airports:

• <u>Travelers with small pets (in cages)</u> can utilize the *AIRPORT LIMOUSINE* service for transportation between airports. Prices range from 3,000 to 6,000 Yen per pet.

Travelers with small pets may also travel via **Japan Rail Line** to Misawa. Travel arrangements can easily be made at Japan Rail counter in the basement of Terminal 1 or Terminal 2. Criteria for rail: Size of cage (L + W + H): No more than 35"; Weight: Maximum 21 lbs with cage. Pets must always be in view of the owner. The cage must not be an obstacle in the path of any passengers. (Note: The cage must be kept at the passenger's seat, not between cars).

- <u>Travelers with large pets</u> there are several options as follows:
 - O Van services from Narita to Haneda: This service is available through Yokota AB. Ask your sponsor to contact 374th FSS Vehicle Operations at DSN 315-225-7720 or 9519 with your flight/pet information and arrange for a van to transport you, your family, and your pet from Narita to Haneda. The hourly charge ranges from \$30 \$40 per hour for a minimum of 7 hours. Varying sizes of Van or Bus are utilized depending upon family size, pet size and number of pets being transported. This rate

includes the driver and the time starts from Yokota (van location) ~Narita~Haneda and then back to Yokota. Reservations should be made in advance to ensure van availability.

374 FSS Vehicle Operations M-F 0630-1700 DSN 315-225-7720 or 9519

- o **Asuka Koutsu** will offer transportation by reservation only. Reservations are accepted up to 2 weeks in advance but must be made no later than 1 day prior to pick-up. Cost is 28,000 Yen (in Nov 11). Phone number is 03-5755-2336 (from overseas, country code for Japan is 81-3-5755-2336).
- o **Fixed Fare Taxi:** Fixed Fare Taxi Service (FFTS) is a one-way only service from Narita to Haneda service. FFTS from Narita Airport are designated into zones in Tokyo. A taxi to Haneda Airport is in Zone C "Ota". FFTS taxi stands at Narita Airport are located at the following Terminals. Terminal 1: Station 15 and Terminal 2: Station 29, 30. The cost for transportation for fixed taxi service is 19,000 22,000 yen and the member is responsible for highway tolls, costing approximately 2400 yen. The taxi service accepts multiple forms of payment, Visa, MasterCard, or Yen. Also, van service is available for larger families. For more information regarding this service you can call +81 (0)476-34-8755 or visit http://www.narita-airport.jp/en/access/bus/index.html
- Pet Hotel: Narita Airport has a "Pet Hotel" in the basement of Terminal 2.
 Travelers who must stay at a local hotel can leave their pet here overnight. Price depends on the size of the pet.

4. Lodging of Pets:

If your pet is coming with you, be sure your sponsor makes arrangements for your pet with the Base Kennel 315-226-2228, http://35fss.com/kennel.htm, or with an off base kennel 0176-57-3423.

G. TRICARE COVERAGE WHEN PCSING:

Return to Table of Contents

You are covered by your previous TRICARE region until you in-process with TRICARE at Misawa AB. Once arriving in Misawa you must in-process TRICARE immediately. For non-urgent care at non-military clinics during your PCS, you will need preauthorization from your losing TRICARE center. **Make sure you have the contact information for your losing TRICARE center during your PCS**. For urgent care, you can be treated at any emergency room and be covered by your losing TRICARE region. For more information, check out the TRICARE website at www.tricare.osd.mil for all your TRICARE needs.



2. ARRIVAL INFORMATION

Traveling to Misawa

Return to Table of Contents

Welcome to Misawa Air Base Japan from the Traffic Management Flight. Please read each travel tip carefully in order to make your travel to Misawa as stress free as possible.

1. AMC Travel from Seattle:

The recommended travel in and out of Misawa AB, Japan is via Air Mobility Command (AMC), Patriot Express. The Patriot Express is a chartered commercial airline which departs weekly from Seattle, WA and arrives directly on Misawa AB every Monday. Travelers with pets are highly encouraged to take this method of travel. Pet spots are limited and assigned on a first come first serve basis.

2. Commercial Travel through Narita Airport:

Full information on Narita International Airport is online at http://www.narita-airport.jp/en/index.html

Before landing at Narita, you will be given a Customs and Embarkation form. Fill the document out completely before leaving the aircraft. Any questions about the forms can be directed to the flight attendants. You will need to have it and your passport/orders readily available before entering Customs. (Note: Active duty military members assigned to Japan are not required to have passports.)

As you depart the plane, follow the signs marked "CUSTOMS". After passing through the Immigration booth, proceed downstairs to the Baggage Claim. The electronic marquee will indicate which carousel your baggage will be on. Once you have your baggage, go through the Customs baggage checkpoint. They will need to see your passport and baggage claim tickets. After clearing customs, you will need to depart through the EXIT and arrange for bus transportation to Haneda Airport. There are several restaurants at Narita that serve American style food, while Haneda has limited American style restaurants.

Narita has two terminals, with U.S. carriers using the following:

Terminal 1
Delta Airlines
Northwest Airlines
United Airlines
Continental Airlines
US Airways

Terminal 2
American Airlines

If you have any problems or questions, a DoD Liaison counter (open daily, 1200 to 2000) is located on the 1st floor in <u>Terminal 1</u> to assist all DoD passengers. Travelers arriving at Terminal 1 should proceed through the customs exit area and immediately turn left. The DoD Liaison Counter is located a very short distance from the North Wing customs exit area.

If you arrive in <u>Terminal 2</u> and want assistance from the DoD Liaison Counter, go to bus stop 8 or 18; the bus will bring you to Terminal 1. The ride is free. Enter Terminal 1 on the first floor and immediately turn right and look for the "**DoD Liaison**" sign. The DoD representative can assist with directions to your final destination and provide Yokota, Yokosuka, Atsugi, and Camp Zama bus schedules.

3. Connecting between Narita Terminals:

Terminal Connection Bus (free of charge) is available for transfers between Terminals 1 and 2.

Terminal Connection Bus Stops:

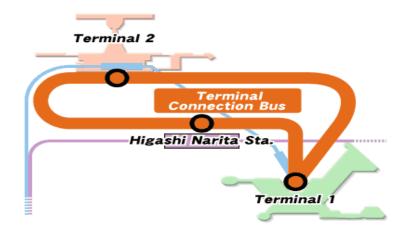
Terminal 1, Arrivals level (1 Floor): Stop No. 6

Terminal 2, Arrivals level (1 Floor): Stop No. 8 and 18

Travel Time: Approximately 10 minutes

Operating Hours: 0630-2230





4. Bus Transportation from Narita Airport to Haneda Airport:

There are no flights directly from Narita to Misawa. Misawa-bound travelers must go to Haneda (Tokyo) Airport for connecting flights to Misawa City airport. Misawa travelers arriving at Narita must procure bus transportation from Narita to Haneda (HND) and must have airline tickets from Haneda to Misawa. The DoD Liaison Counter can help getting you to Haneda Airport, but it is not difficult to arrange your own bus transportation.

For those arriving at **Terminal 1**, complete customs clearance and proceed to the *AIRPORT LIMOUSINE* counter (orange color) and purchase bus tickets to Haneda. The counter is located in front of the exit doors. Ticket price is 3,000 yen (about \$36.00 depending on the yen rate) per person. You must pay in yen. *AIRPORT LIMOUSINE* will accept credit cards (Visa, MasterCard, and American Express). If you need yen, a currency exchange is available at the airport across from the *AIRPORT LIMOUSINE* ticket counter. The bus stops to board passengers bound for Haneda are #3 and #12.

Passengers arriving at **Terminal 2** will see an *AIRPORT LIMOUSINE* counter (also orange color). The bus stops for passengers bound for Haneda are #5 and #15.

After you find your stop, stand in line until the bus arrives. Once the bus arrives, make sure it is the bus to Haneda as more than one bus uses the same stop. Your baggage will be checked onto the bus as you get on, hold on to your claim ticket as you will need it when you get off. The baggage checker will ask which airline you will be departing on at Haneda, and then give you your stop number (it should be the first stop). All Misawa-bound travelers will be on a JAL flight. The bus ride to Haneda Airport is approximately hour and half (or longer depending on traffic).







5. Travel through Haneda Airport

Once you arrive at Haneda, claim your baggage from the bus personnel. Proceed to the Japan Air Line (JAL) ticket counter to check in. After you have checked in, go to the X-Ray machine and check in your baggage. Hold on to your claim tickets as you will need them once you arrive in Misawa. Go to the departure gate and wait for your flight. There will be no food or drink available on the flight to Misawa but there are vendors and snack machines in the airport.

6. Excess Baggage

Please keep in mind your flight from Haneda to Misawa will be onboard JAL (Japan Airlines). This flight is considered a *domestic flight* and has *strict baggage limitations. Listed below is JAL's policy for excess baggage:

*2 bags may be checked, however, the bags <u>must not</u> weigh over 70 pounds each or a fee will be charged. Each individual bag must weigh 70 lbs or less. The maximum allowable weight for excess baggage is 220 pounds total.

EXCEPTION

International travelers have a limit of 3 bags per person at 70 pounds each. Connection must be made within 24 hours of arrival to Narita Airport

Rule of thumb; pack your bags from origin using the above guidance!

7. Express Luggage Service (Door to Door Baggage Delivery):

This service is available at member's expense and is **not** reimbursable. The cost associated with this service will depend on the weight of the bags. Members may pay via credit card or yen. There are four service providers available and their counters are located at both ends of Arrival Lobby of Terminal 1 & 2.

You must provide physical commercial address/phone # for delivery. The info below is for the Misawa Inn:

Zip Code: 033-0012 Aomori-ken, Misawa-Shi, Hirahata-1-chome Misawa Air Base Misawa Air Base Inn, Building #670 Phone # 0176-63-1182 (Billeting)

The Misawa Inn will not take accountability/sign for luggage. Recommend arrangements be made in advance with your sponsor.

8. Overnight Accommodations:

Try to schedule your arrival at Narita Airport before 1400. You need 3-4 hours to clear customs/immigration, collect your bags, and make the connection from Narita to Haneda by bus. If you arrive to Narita after 1400, you will need to remain in Tokyo overnight.

There are two options to consider based upon the time of your departure from Haneda airport the next day. If your departure time from Haneda to Misawa is early, it may be more convenient to lodge near Haneda airport, although it's more expensive than the Narita Airport area and may not be fully covered by per diem. If your Haneda flight is later in the afternoon or evening then you may stay the night near Narita airport and you will have plenty of time to transfer between airports the next day.

Check with the airport information counter about shuttle services for surrounding hotels. Many hotels surrounding Narita airport have free shuttles. Please keep in mind the last flight to Misawa departs Haneda at 1735.

There are three flight times from Haneda to Misawa:

Dep	part Haneda	Arrive Misawa			
•	0850	•	1005		
•	1400	•	1515		
•	1735	•	1850		
As	of 30 Mar 11: www.jal.co.jp/en				

Once you arrive at your hotel, check in at the Front Desk and tell them what time you need to be back at the airport. If you are lodging near Narita, be sure to allow enough time for the bus ride to Haneda. You should not have to pay until you check out. When you check out in the morning, get a receipt for the hotel and breakfast (if you choose to charge a meal to your room).

NOTE: If your flight is diverted for any reason, contact your sponsor as soon as possible to let them know of your new arrangements. One method of contact may be via internet café in the airport, if available; there is a charge for usage.

9. In Case of Emergency:

To contact the Misawa AB operator from Narita on a commercial line please dial 0176-53-5181. If you have your sponsor's home or duty phone numbers please dial the following:

For Sponsor's on base home number, dial 0176-66 and the last 4 of home number For Sponsor's duty number, dial 0176-77 and the last 4 of the DSN duty number

If dialing from the U.S., call 011-81-176-77-5181, wait for the tone, and then dial the seven digit number of sponsor.

Passengers can also travel by train to Yokota AB (Fussa Station) which is the closest military base to the airport. Please check with the *AIRPORT LIMOUSINE* representative for directions. Always, stay in contact with your sponsor.

The following are quarter deck or duty section numbers for the following commands:

NAF Misawa: DSN: 315-226-3755

CTF 72: DSN: 315-226-3290 NIOC: DSN: 315-226-4638 AIMD: DSN: 315-226-4903 NOAD: DSN: 315-226-3289 NCTS: DSN: 315-226-4156 NMC: DSN: 315-226-9399

PSD MISAWA: DSN: 315-226-4680 *VP Squadron: DSN: 315-226-3642 *VP Squadron rotates every six months

B. IN-PROCESSING:

Return to Table of Contents

1. Air Force In-Processing and Right Start

MPS in-processing occurs daily (M-F) at 1300 in BLDG 653. You must be in uniform as this is an official appointment and your sponsor must accompany you to this appointment. Once you have inprocessed MPS you will be given dates and times to attend Right Start.

Be sure to bring the following items:

- 1. 10 copies of PCS orders and amendments
- 2. All receipts, including commercial auto, bus, lodging, and any additional expenses over \$75.00
- 3. All SATO and commercial airline tickets
- 4. Recruiter's Assistance Letter (if applicable)
- 5. Any advance travel pay information
- 6. Any finance records
- 7. New PCS address, home phone number, an duty phone number
- 8. A dark blue or black ink pen

Active Duty military, civilians, spouses, and children are invited to Right Start. This session includes briefings pertinent to everyone moving to Misawa and includes Drivers Training Course to receive a local driver's license. Bring a stateside driver's license, and passports.

In-processing includes the following mandatory tours:

Thursday: Misawa City Tour and Culture Orientation departs the Misawa Inn, from 0745 - 1230.

Friday: Hachinohe City Tour departs the Misawa Inn, meeting at 0815-1430.

The tours occur weekly and are sponsored by the A&FRC (tours will not occur on American Holidays and some Japanese Holidays). Tours are MANDATORY for all Air Force active duty and highly recommended for family members. For further information, or to sign-up call the A&FRC at DSN 315-226-4735.

2. Other Air Force MANDATORY briefings:

The "Warrior Brief" is held the last Wednesday of each month from 10:00 a.m.-11:00 a.m. in the 35th FW Conference Room. This is a classified briefing for active duty Air Force. You must have a copy of your orders and your ID card to attend.

<u>E-4 & Below Financial Refresher</u> Class is held the third Wednesday of each month at 10:30 a.m. at the A&FRC in the Torii Bldg 656. This class is mandatory for USAF E-4 & below that do not attend the First Term Airmen Center (FTAC) at Misawa. Attendee's are signed up at Right Start.

1st Duty Station Officer's Financial Class is offered every other month at the A&FRC. This class is mandatory for all officers in which Misawa AB is their 1st duty station. Officers will be scheduled for the class at Right Start.

FIRST TERM AIRMAN'S CENTER (FTAC): If Misawa is your first duty station you will attend a 5 day orientation through FTAC. Your supervisor is responsible for signing you up for FTAC. First Term Airmen must in-process MPS, attend portions of Right Start, attend Driver's Training Course, and attend the Misawa City and Hachinohe City tours. The first term airmen will then report to the unit and await assignment to FTAC.

3. Navy In-Processing and Indoctrination:

You must in-process within 24 hours of arrival to Misawa AB. Check-in is by appointment at Bldg 980, you or your sponsor can schedule the appointment to Check-In.

POC: Personnel Support Detachment

Location: Bldg 980

Telephone: DSN 315-226-4610/4611/4680

Commercial 011-81-176-77-4610/4610/4680 Hours: (M & Tu) 0730 – 1600, (W, Th & F) 0730-1500

Please bring the following items with you to your check in appointment: Original orders, Overseas Screening, Mailbox number, and all travel receipts.

Base Indoctrination:

All active duty Navy personnel are required to attend a five-day orientation course which includes Base Indoctrination and overseas duty support program (Japan indoctrination). Dependents are invited to attend the base indoctrination and overseas duty support program. All active duty members will be scheduled after in-processing PSD. Base Indoctrination occurs once a month. Point of contact is U.S. Naval Air Facility, Misawa Administration Office at DSN 315-226-4415.

3. COMMUNITY INFORMATION

Return to Table of Contents

THE LAND OF THE RISING SUN!

Welcome to Misawa Air Base, a great place where U.S. Forces Japan and Japan Air Self Defense Forces, along with the Misawa Community, join together in a cooperative spirit to create one of the Pacific's finest military communities. Our unique location and war-fighting mission make Misawa an exciting place to work and play.

A. LOCATION AND GEOGRAPHY

1. Location:

Latitude 40° 40' N, Longitude 141° 23' E This is approximately the same latitude as Central Park in New York City; Newark, New Jersey; Kearney, Nebraska; Peoria, Illinois; Lima, Ohio; and Salt Lake City, Utah.

2. Geographical Features:

Misawa City is located in the southeastern portion of Aomori Prefecture on the northern end of Honshu Island. The Pacific Ocean lies at its east and Lake Ogawara on its northwest. It is surrounded by the towns of Kamikita on the west and the towns of Shimoda and Momoishi to the south. Misawa City is shaped like a rectangle and is 11 km wide (eastwest) by 25 km long (north-south). It covers an area of 120.76 square kilometers (46.6 square miles) and has an elevation of approximately 130 feet.



Misawa has an airport, train station, and Towada Kanko Dentetsu Station. Because Route 338 is along the Pacific coastline, Misawa is a transportation focal point to go to Lake Towada, Shimokita Penninsula, the northern part of Sanriku coast in Iwate Prefecture, or to Hachinohe, Towada, Aomori, and Mutsu cities.

3. Population of Misawa City is approximately 44,000.

4. The Japanese People

The Japanese are some of the most polite, friendly and courteous you will ever meet. Just remember their culture and customs are different from ours and we are in **their** country. Japan is a very safe country with very low rates of violent crime. The water here is safe to drink. Fresh fruits and vegetables (in season) and seafood are less expensive off base and of better quality. Just wash all fruits and vegetables first.

B. WEATHER

Return to Table of Contents

1. Seasonal Summaries:

WINTER: (December through February). Winter is in full force in December as the average daily temperature drops to 35°F and monthly snowfall totals reach 22.7". Average low temperatures cool to 23°F in January and February, the coldest months of the year. Brisk winds during this season combine with low temperatures to create unpleasant wind chill conditions. Snow shower activity increases in January and February with snowfall totals rising to 39.7" 32.7", respectively.

SPRING: (March through May). Spring in northern Honshu starts out cold with plenty of snow. March average daily temperatures of 36°F and monthly snowfall averaging 20". By April average daily temperature increases to 47°F with snowfall dropping to 3" for the month. May brings an end to snowfall as the average daily temperature rises to 56°F, but a change to wind flow from over the Pacific Ocean brings an end to pleasant spring-like conditions as low ceilings, drizzle, and fog become predominant.

SUMMER: (June through August). Summers in Misawa start out cool and foggy until August. A typical summer will see 22 days with fog in June, 24 in July, and 21 in August. The average daily temperature in June is 61°F, rising to 72°F in August. By mid-August the foggy conditions give way to hot and humid conditions, with occasional temperature readings in the mid-90's not uncommon.

FALL: (September through November). September signals the end of the summer season in Misawa, temperatures cool to an average of 66°F. September is also the rainiest month of the year, with almost 7" of rainfall being the norm. By November temperatures have cooled to a daily average of 44°F and snowfall increases to 6.4", signaling the beginning of winter.

2. Misawa Weather Facts:

- First snowfall is usually near 7 November.
- First measurable snowfall is usually around 17 November.
- First measurable snow depth is usually around 25 November.
- Last measurable snowfall is around 5 April.
- Last snowfall is usually around 15 April.

3. Temperatures and Precipitation:

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Avg Temp(°F)	29	30	36	47	56	61	69	72	66	55	35	33	50
Avg High(°F)	35	36	43	56	65	68	75	79	73	63	52	41	57
Avg Low(°F)	23	23	29	38	47	54	62	66	59	47	37	28	43
Days w/fog	1	2	2	6	11	14	22	24	21	11	6	3	126
Days w/Precip	16	14	12	10	10	11	12	12	13	11	13	14	150
Precip (liquid-inches)	3.0	2.6	2.8	2.8	3.2	4.1	4.8	5.4	6.6	4.1	3.0	2.3	43.9
Snow (Inches)	39.7	32.7	19.9	3.1	-	-	-	-	-	<1	6.4	22.7	125.1

C. FESTIVALS AND HOLIDAYS:

Return to Table of Contents

1. Misawa Area Festivals:

Misawa Snow Festival	Feb	Beef and Potato Festival	August
Japan Day Festival	April	Misawa Port Festival	August
Spring Commerce Festival	May	Misawa Festival	August
A Cherry Flowers Festival	May	Miss Veedol Festival	August
American Day Festival	June	Air Festival	September
The Lake Ogawara Festival	July	Industries & Culture Festival	October
The Tanabata Festival	July	Christmas Festival	1-25 Dec

2. Japanese Holidays and Annual Events (* denotes National Holiday)

January 1st: New Year "Shogatsu"

January, 2nd Sunday*: Coming-of-Age Day "Seijinn-no-hi"

February 3rd: Bean-Throwing Ceremony "Setsubun" Eve of the spring first day

March 3rd: Girls' Festival or Doll Festival "Hinamatsuri" March 21st*: Vernal Equinox Day "Shunbun-no-hi"

April 29th*: Greenery Day "Midori-no-hi" (Birthday of the late Emperor Hirohito)

May 3rd*: Constitution Day "Kenpo-kinenbi"

May 5th*: Children's Day or Boy's Festival "Kodomo-no-hi"

July 7th: The Star Festival "Tanabata" July 20th*: Marine Day "Umi-no-hi"

August 13th~16th: The Festival of Souls "Obon"

September 15th*: Respect for the Aged Day "Keiro-no-hi" September 23rd*: Autumnal Equinox Day "Shunbun-no-hi"

October, 2nd Monday*: Health & Sports Day "Taiku-no-hi"

November 3rd*: Culture Day "Bunka-no-hi" (Birthday of the late Meiji Emperor) November 15th: Gala Day for children of 3, 5 and 7 years of age "Shichi-go-san"

November 23rd*: Labor Thanksgiving Day "Kinro-kansha-no-hi"

December 23rd*: The Emperor's Birthday "Tenno-Tanjyoubi"

D. TIME CONVERSION CHART:

Be sure to share this with friends and family, so they know when to call you. The chart below represents time zones during Standard Time. Japan does not participate in Daylight Savings Time, so all stateside times need to be adjusted up one hour during Daylight Savings Time.

A helpful online time zone converter: http://www.timeanddate.com/worldclock/converter.html

		\downarrow	PREVIOUS DAY USA ↓					
								Paris
Japan	PI		Pacific	Mountain	Central	Eastern	Greenwich	Vienna
Korea	Taiwan	Hawaii	Standard	Standard	Standard	Standard	Mean Time	Berlin
0100	2400	0600	0800	0900	1000	1100	1600	1700
0200	0100	0700	0900	1000	1100	1200	1700	1800
0300	0200	0800	1000	1100	1200	1300	1800	1900
0400	0300	0900	1100	1200	1300	1400	1900	2000
0500	0400	1000	1200	1300	1400	1500	2000	2100
0600	0500	1100	1300	1400	1500	1600	2100	2200
0700	0600	1200	1400	1500	1600	1700	2200	2300
0800	0700	1300	1500	1600	1700	1800	2300	2400
0900	0800	1400	1600	1700	1800	1900	2400	0100
1000	0900	1500	1700	1800	1900	2000	0100	0200
1100	1000	1600	1800	1900	2000	2100	0200	0300
1200	1100	1700	1900	2000	2100	2200	0300	0400
1300	1200	1800	2000	2100	2200	2300	0400	0500
1400	1300	1900	2100	2200	2300	2400	0500	0600
1500	1400	2000	2200	2300	2400	0100	0600	0700
1600	1500	2100	2300	2400	0100	0200	0700	0800
1700	1600	2200	2400	0100	0200	0300	0800	0900
1800	1700	2300	0100	0200	0300	0400	0900	1000
1900	1800	2400	0200	0300	0400	0500	1000	1100
2000	1900	0100	0300	0400	0500	0600	1100	1200
2100	2000	0200	0400	0500	0600	0700	1200	1300
2200	2100	0300	0500	0600	0700	0800	1300	1400
2300	2200	0400	0600	0700	0800	0900	1400	1500
2400	2300	0500	0700	0800	0900	1000	1500	1600

E. EMPLOYMENT OPPORTUNITIES:

Return to Table of Contents

This section has information on AAFES, DODDS, Family Child Care, Federal, NAF, and Reserve opportunities in the area. In addition to the items listed below, there are several universities, a bank, credit union, and contract positions on base. Also, many people have home businesses or volunteer during their time at Misawa.

1. AAFES

Building 325 Tel: 315-616-6070

Applications are found online: www.shopmyexchange.com or www.applymyexchange.com

AAFES, the Army & Air Force Exchange Service, is a worldwide retail, food and service business. AAFES participates in the Military Spouse Preference program. After the application is submitted someone from the local AAFES Human Resources office will be in contact.

SAMPLE POSITIONS

Cashiers Exchange Detectives Office Associates Warehouse Workers
Cashiers/Checkers Food Service Workers Operations Clerks
Cooks General Sales Sales Associates (Early Morning stockers)

Custodial Workers Laborers Store Associates

Customer Service Reps Mobile Sales Associates Ticket Sales

2. DODEA (Department Of Defense Education Activity)

Sollars Elementary School 315-226-3933 Cummings Elementary School 315-226-2647 Edgren High School 315-226-4377

Applicants for DODEA positions <u>must be U.S. citizens</u>, except for a few host nation hires. DODEA utilizes the Military Spouse Preference program which gives military spouses a one-time priority over other applicants once each PCS.

Positions at DODEA schools include teachers, substitute teachers, educational aids, substitute nurses, secretaries, office automation assistants, school administration clerks, health aids, library media clerks, clerk typists, data transcribers, computer clerks, monitors, mail clerks, and financial clerks.

Positions are advertised locally and announcements include instructions on how and when to apply. Employment packets can be picked up at any one of the schools.

3. Family Child Care Program

Bldg 656 next to American Red Cross

Tel: 315-226-CARE (2273)

Office Hours: Mon – Fri 0730-1630

You may care for children in your home once you have been approved by the Family Child Care Program. FCC providers are required to obtain CPR, First Aid, and food handler's certificates. The FCC Coordinator, the Fire Department, Environmental Health, and the Safety Office inspect their homes. The last step before receiving an FCC certificate is to purchase liability insurance. The approval authority for FCC homes is 35 MSG/CC.

4. Federal Employment (Air Force):

Civilian Personnel Office Tel: 315-226-4621

Building 656, Second Floor

To apply: http://www.usajobs.gov

Most of the local hire positions are in the categories of clerical/secretarial, child care providers. Other positions are occasionally advertised. When searching for civil service positions be sure to search for Misawa AB.

5. Federal Employment (Navy):

Misawa POC for Yokuska CPO

Tel: 315-226-4674

Building 980, Second Floor

The Navy has about nineteen civilian positions at Misawa, including Tenant Commands. Most of the positions are clerical or secretarial.

6. Non-Appropriated Fund (NAF) – 35th Force Support Squadron

Building 653, First Floor

Tel: 315-226-3108

Apply online: www.nafjobs.org

The NAF Personnel Office is the central location for all Force Support Squadron and Billeting non-appropriated fund personnel functions. The Force Support Squadron utilizes the Military Spouse Preference program. Jobs are announced on radio and TV and applications are kept active for 90 days.

Positions are located in facilities such as the Officers and NCO clubs, Bowling Alley, Golf Course, base beach, Arts & Crafts Center, Child Development Center, preschool program, gyms, Teen and Youth Centers, Veterinary Clinic, and the Community Center.

7. Contracting Positions

Building 656, Second Floor

Tel: 315-226-3750

A very small number of contract jobs are available to military spouses. Positions are primarily at the 35 Medical Group, the Base Education Office, and Chapel. Contact the 35 Contracting Squadron for information on available positions.

8. Home Business

Some businesses for profit may be conducted from your military family housing unit. The approval authority for home business requests is 35 MSG/CC. Anyone desiring to operate a business out of military family quarters must contact the Housing Office at DSN 315-226-3200 for an information packet.

F. SCHOOLS:

1. Sure Start Program

Sure Start is an educational program designed to help pre-kindergarten children (4 years of age prior to 1 Sep) get ready for school. Equivalent to Head Start in the United States, it is part of the National Educational goals. The target population includes children of families with limited income and/or resources.

Sure Start strives to incorporate the many features of Head Start which correlate with high quality. These include the following:

- A full day program (6 hours, based on the school location of the program)
- A four-pronged service delivery system (education, health, social services, and parent involvement).

- Medical, dental, and developmental screening for all enrolled children.
- Nutritious lunches and snacks that take into account children's individual and cultural preferences.
- Active involvement in the program by families of all children.
- Developmentally appropriate practices at the core of all programming. Careful planning ensures that the program environment, climate, materials, routines, and activities are appropriate to the children's age, individual needs, and cultures.

Sure Start is made up of four equally important components. The education component offers children a variety of learning activities that encourage their socio-emotional, cognitive, and physical growth. The health component provides children with comprehensive medical, dental, mental health, and nutritional services. The social services component extends outward to families, providing referrals and linkages with all of the community resources on an installation. The mandatory parent involvement component of the Sure Start program is based on the philosophy that children benefit most when parents become partners with teachers in their children's education.

For more information about the program in general, visit the DoDEA Sure Start Home Page: www.dodea.edu. For application and enrollment qualifications call Sollars Elementary at 315-226-3933 or Cummings Elementary at 315-226-2641 for more information.

2. Department of Defense Education Activity (DoDEA):

Misawa AB has three DoDEA facilities:

Cummings Elementary School (DSN 315-226-2647)

Grade Level: PreK-6

Areas Serviced: North area housing

Sollars Elementary School (DSN 315-226-3933)

Grade Level: PreK-6

Areas Serviced: Main-base housing and off-base housing

Edgren High School (DSN 315-226-4377)

Grade Level: 7-12

Areas Serviced: Entire Misawa community

a. Registration Process: When you first arrive at Misawa your elementary aged child will temporarily attend Sollars (it is zoned for Temporary Billeting/Quarters). When you know where you will be living (on or off base), there is a possibility that your child could be moved to another school.

b. Required Documentation

- <u>Immunization Certificate</u>. All students must have their immunizations updated and certified by the immunization personnel at the Misawa AB Hospital. School Officials require DoDEA Certificate of Immunization Form/DSPA 122.1 (Jan 94) at the time of registration. This form can be obtained at the school office. Contact the Immunization Clinic, DSN 315-226-6192 for more information.
- <u>Passport or Birth Certificate</u> (Pre-K, Kindergarten and First Grade only).
- Orders. Copy of Sponsor's orders with children listed as command-sponsored family members. Navy personnel: PCS Orders and dependent entry approval/Eligibility for DoDEA Form in order to register.

- DEROS Verification.
- <u>Academic Records</u>. Previous school records or address of previous school in case in-processing school needs to request records/additional. Include an Individualized Education Program (IEP) and any other supporting documentation if eligible for special education or other services.
- <u>Student's Social Security Number</u>. The student's social security is needed to complete registration. If you have forgotten your child's SSN, contact the Military Personnel Flight Customer Service (bldg 653), 315-226- 3962 for assistance. If you have not applied for a SSN for your child; contact the Legal Office (bldg 656) at 315-226-4022 for assistance.
- Emergency Point of Contact. Emergency contact information is required to complete the registration process. Newly arriving families often do not know anyone at their gaining base. Many parents list supervisors, commanders or sponsors when they first arrive, and update their emergency POC once settled.

c. DODEA Web Site: Visit the DODEA web site at www.dodea.edu for more information about DoDDS and Misawa Schools.

- **d. Transportation:** The DODEA Japan District Student Transportation Office provides school bus transportation for Misawa AB. The DoDEA Misawa Student Transportation Office (STO) registers eligible students and issues bus passes. Additional information is available on each school's website and by calling DSN 315-226-9119. Before selecting housing, confirm the location of the nearest bus stops identified on maps in the base housing office. Failure to do this could result in your living in an area that falls outside of the bus commuting zone and require that you transport your children to the nearest bus stop or to school.
- e. School Meal Program: The Army and Air Force Exchange Service (AAFES) provides lunch for students attending Misawa AB schools. Children who qualify under USDA guidelines may get lunch free or at a reduced price. To apply, complete the Free and Reduced Price School Meals Application. These applications are available in the Customer Service Area of the Base Exchange and in the main office at each DoDEA school. Place the completed application, along with a copy of a current LES, in the drop box at the Base Exchange. If others in the family are employed, list each person in the family, their current earnings, and attach pay statements for them as well.

3. Higher Education:

The schools on base are Central Texas College, University of Maryland, University of Phoenix, and Troy University. For more information contact the Education Center at DSN 315-226-4201.

a. Education & Training Flight Services:

Bldg. 653 Room 203/204 Tel: 315-226-4201/3904

Commercial: 011-81-176-77-4201, Fax: 315-226-9576.

- Testing
- Tuition Ast. & Financial Aid
- Navy College
- ECI College
- Community College of the AF
- Counseling

- Military Training
- CDC Test Administration

Available Tests:

- CLEP/DANTES
- GED/SAT/ACT/PRAXIS
- ECI Tests

c. Central Texas College, 315-616-8208

Courses offered through classroom or Distance Learning. 6 weeks onsite classes and DL is 8 weeks long. We offer (ESL) English as a Second Language classes.

Associates Degrees:

- Applied Management
- Early Childhood Professions
- General Studies

- Information Technology
- Criminal Justice

d. University of Phoenix, 315-226-3687

Master's Degrees:

- Management
- Education

e. **Troy University**, 315-226-3748

Master's Degree:

• Master of Science in International Relations

f. University of Maryland, 315-616-2896

Courses are offered though classroom instruction and distance learning via the Internet

Certificates:

- Accounting
- Computer Studies
- Japanese Studies
- Management

Associates:

- Accounting
- Business & Management
- Computer Studies
- General Curriculum
- Japanese Studies
- Management Studies
- Mathematics

Bachelors of Arts/Science Degrees:

- Asian Studies
- Business & Management
- Communications
- Computer Information Systems
- Computer Studies
- English
- Government & Politics
- History
- Information Systems Management
- Management Studies
- Psychology
- Sociology

G. CHILD CARE:

Return to Table of Contents

In this section you will find information on the CDC, Family Home Child Care, School Age Programs and the Air Force Aid Program for assisting with childcare for PCS and volunteers.

1. Child Development Center

Misawa Air Base offers full day care for children 6 weeks to 5 years of age. There is one center servicing the Misawa community, Yoiko, located on Main Base.

YOIKO CHILD DEVELOPMENT CENTER

DSN: 315-226-4666, Commercial: 011-81-176-77-4666

FAX: 315-226-5453, 011-81-176-77-5453

If you are PCSing to Misawa Air Base, and wish to be placed on the waiting list, you can pre-register your child (ren) by accomplishing the following:

- Fax a copy of DD form 2606 and a copy of your orders using the fax number or address listed above. DD form 2606 can be picked up at your local on base Child Development Center.
- Your orders and the date that the information is received will determine where you will be placed on the waiting list.

What You'll Need To Enroll Your Child (ren)

- A copy of your child (ren)'s shot records. All shots must be current or medical documentation must be provided if a required shot can't be given.
- A copy of your LES/pay stub (within 30-days), that lists your entitlements, such as base pay, BAS, BAQ, etc. (Required for center-based care only)
- A completed AF fm 357, "Family Care Plan". (Required for all single and dual military families)
- Special Needs and/or allergies to foods, insect bites, or any type of allergies will require medical documentation. This will help us determine if we will be able to meet your child's needs

2. The Family Child Care Office

Located at bldg. 656. The Coordinators will assist you in finding a provider who fits your needs. This program works from the same waiting list as the Child Development Center. Give them a call at 226-CARE (2273) to receive information about our Family Child Care Programs.

3. School Age Program:

Cheli School-Age Program

Fax: DSN: 315-226-2560

Commercial: 011-81-176-77-2560

Limited drop in care is available for new arrivals completing in-processing. If you are PCSing to Misawa and wish to be placed on the waiting list, you can pre-register your child by faxing a copy of DD Form 2606 and a copy of your orders using the fax number listed above. DD form 2606 can be picked up at the Child Development Center or School Age Program at your current base.

Your orders and the date that the information was received will be used to determine where you will be placed on the waiting list. Once you have arrived in Misawa, if a space is not yet available or you would prefer a home setting over center-based care, contact the Family Child Care office for referral to a quality, licensed provider. The Family Child Care Office is located at bldg. 656 and can be reached by phone at DSN 315-226-2273.

Requirements: to enroll in the school age program you must have the following:

- A copy of your child's shot records. All shots must be current.
- A copy of your most current LES/pay stub that lists out your entitlements such as base pay, BAS, BAH, etc.
- A completed AF Form 357, "Family Care Plan" if you are single/dual military

The School Age Program offers a before and after school program as well as summer and holiday camps. Hours of operation are from 6:00 a.m. to 6:00 p.m. On the days that school is not in session, full-day care is offered. Weekly rates are based on a sliding scale based on total family income. Misawa Air Base has two elementary schools. Children attending Cummings Elementary School located in the north area of the base will be transported by bus each morning and afternoon. Children

attending Sollars Elementary School will be walked to and from school by the School Age Program Assistants daily.

4. Child Care for PCS:

Childcare for PSC provides 20 hours of child care per child, within 60 days of departure or arrival at Misawa AB. Paid for by the Air Force Aid Society. The Air Force limits the authorized providers to onbase, licensed Family Child Care homes. Call the Airman and Family Readiness Center for more information, DSN 315-226-4735.

Eligibility:

- Active duty Air Force and Navy personnel are eligible for this program at Misawa.
- Certificates are valid only on the base where the certificate is issued.
- Enrollees must present certificates at the time they access child care.

5. Child Care for Volunteering

You can receive free child care when volunteering on Misawa AB. Only licensed Family Child Care homes are eligible to provide child care services for this program. Providers must be registered with the Family Child Care office in order to receive payment. Air Force Aid Society currently pays the providers \$5.00 an hour per child. Visit the Airman and Family Readiness Center or call for more information on volunteering or using this program, DSN 315-226-4735.

H. MEDICAL CARE:

Return to Table of Contents

To Make an Appointment: After registering with TRICARE at Misawa AB, medical appointments are available for routine medical conditions, acute illnesses, and health maintenance exams for children and adults. The appointment line 315-226-6111 is open 0700-1600 daily. Dental exam appointment, for other than active duty Air Force personnel, should be made during the military sponsor's birth month. The dental appointment line is 315-226-6700 is open 0700-1600 daily.

Prescription Refills: Call 315-226-6608 for prescription refills Refill requests before 0700 will be available after 1000 that duty day.

For Medical Emergency or Ambulance Service call 911 or 53-1911 off base.

Services and clinics available at the 35 Medical Group include:

Family Practice Medical laboratory

Internal MedicinePharmacyPediatricsRadiologyObstetrics/GynecologyPublic HealthGeneral SurgeryImmunizationOrthopedicsOccupational Health

Psychiatry Health Promotion & Wellness

Behavioral Health Family Advocacy
Substance Abuse General Dentistry
Optometry Pediatric Dentistry
Flight Medicine Oral Surgery
Emergency Services Orthodontics
Physical Therapy Periodontics

Nutritional Medicine

I. CHAPEL / WORSHIP:

1. Main Base Chapel

Bldg. 358, DSN 315-226-4630.

Call for information on other faith groups, holy days, programs and activities.

PROTESTANT WORSHIP

Sunday

Traditional Worship Service 8:00 AM *A service of scripture and weekly communion.

Contemporary Worship Service 11:00 AM *A blended service of preaching and praise.

Praise Worship Service 5:00 PM

*A service emphasizing relational ministry to young adults

Chapel Bldg 358

PROTESTANT PROGRAMS

Sunday School

Sundays, 9:20 AM (all ages), mid Sept-May Sollars Elementary

AWANA Program

Wednesdays, 6:00 PM, mid Sept-May

Sollars Elementary

Cross-Training

Protestant Youth of the Chapel

Grades 7-12

Monday, 6:30-8:00 PM, Chapel Bldg 358

Protestant Women of the Chapel (PWOC)

(Sept-May)

Monday, 6:30 PM, Chapel Bldg 358 Tuesday, 9:00 AM, Chapel Bldg 358

Protestant Men of the Chapel (PMOC)

Tuesday, 6:30 PM Bible Study

Chapel Bldg 358

Mothers of Preschoolers (MOPS)

2nd Thursdays 9:30-11:30 AM (mid Sept-May)

Chapel Bldg 358

A variety of Small Groups meet

throughout the month.

For more information:

misawamops@gmail.com

Middle School Drama Team

Grades 6-8

Tuesdays, 3 p.m.

Chapel, Bldg 358

CATHOLIC MASS

Sunday Morning Mass at 9:30 AM (Children's Church during 9:30 Mass) Sunday Afternoon Mass 12:30 PM

Daily Mass Tues-Thurs Mass at 11:30 AM at

Base

Chapel Bldg 358

For Holy Day Mass times, 11:30 AM and 5 PM Confession available every Sunday at 8 AM

CATHOLIC PROGRAMS

Religious Education

Sundays, 11:00 AM

Sollars Elementary (Sept-May)

Catholic Youth of the Chapel (A2J)

Thursdays, 6:00 - 8:00 PM

Chapel, Bldg 358

RCIA

Wednesday, 6:00 PM, Sept-May

Chapel, Bldg 358

Catholic Women of the Chapel (CWOC)

Mondays, 7:00 PM Chapel, Bldg 358

Baptism Class

By appointment

Catholic Men of the Chapel (CMOC)

Saturday, Prayer/Bible Study 7-8:30 AM

Chapel, Bldg 358

Catholic Pastoral Advisory Council

2nd Tuesday of the Month, 6:30 PM,

Chapel, Bldg 358

Mass and Adoration of the

Blessed Sacrament

1st Friday of the Month, 6:00 PM

Chapel, Bldg 358

DENOMINATIONAL SERVICES Character of Character

Church of Christ

Worship Service Sunday, 10:30 AM Wednesdays Bible Study, 7:00 PM Security Hill Bldg 1566

United Pentecostal Church

Sunday, 1330 Tuesday, 1800 Chapel Bldg 358 donald.weber@misawa.af.mil

Seventh Day Adventist

Worship Service Saturday, 11:00 AM Bible Study, 9:30 AM Wed Mid-Week, 7:00PM Chapel Bldg 358

OTHER FAITH GROUPS Misawa Earth Religions Study Group

Sundays, 6:00 - 8:00 PM Misawa Inn Conference Room

Islamic Study

Fridays, 12:00 PM Chapel Bldg 358

Jewish

Please contact the Chapel for more information

2. Off Base Worship

NAME	TELEPHONE	CONTACT PERSON(S)
Calvary Baptist Church	0176-53-2734	Pastor Armand Jalbert
Faith Baptist Church	0176-53-8517	Pastor Robert D. Monteith III
Greater Love Missionary Baptist Church	0176-54-2760	Bishop Shawn Smith
Our Lady of Assumption (Catholic)	0176-57-0105	Father Andre Leveille
Hospitality House	0176-53-1656	Rick Utecht
Misawa Christian Serviceman's Center	0176-53-9850	Reverend Demps R. Overcash
Misawa Korean Christian Church	0176-51-1134	Reverend Sung Joo Lee
Misawa Korean Church	0176-51-3390	Reverend Tae Ho Yi Yong Suk Yi
Latter Day Saints (Mormon)	080-3337-9500	Capt Michael Brough
Misawa Church of God in Christ	0176-53-5597	Reverend Patrick Sledge
Kingdom Hall of Jehovah's Witnesses	080-5418-7782	Elder Masahiro Tanove

J. RECREATION:

Return to Table of Contents

There is so much to see and do, that you could keep busy your whole tour. Skiing, snow/ice festivals, ice skating, hockey, sledding, snow shoeing, etc. are available in the winter. Spring brings more festivals, cherry blossoms, and trips/tours. Summer has water skiing, canoeing, paddleboats, swimming, hiking, trips/tours, festivals, camping, etc. The Japanese love it when we join in on their festivals. The base regularly has trips and tours offered through ITT and Outdoor Recreation. Many places are within easy driving distances. The base has indoor heated swimming pool that is open year round and offer swimming classes and water aerobics. Various clubs on base make it easy to get involved. Information

on recreational activities is available at Outdoor Recreation, Misawa ITT, Mokuteki Community Center, and the Airman and Family Readiness Center.

K. PHONES AND INTERNET:

Return to Table of Contents

1. Phones – General Information: US portables/cordless phones are <u>illegal</u> in Japan. Walkie-talkies are also illegal in Japan. It is a \$10,000 fine if you are caught with one. Phone service for family housing residents, as well as internet is provided by Verizon.

2. Phones – Off base Residences: Options for phone service off base include:

- a. Purchase a phone line. This is very expensive in Japan and can be well over \$500 and still includes monthly service charges.
- b. Rent a phone line.
- c. Pay the monthly bill for a phone line already owned by the landlord.
- d.Install a pay phone (yes, a pay phone in your home).
- e. Have no phone at all.
- f. Purchase a cell phone.

If you plan to have internet service in your off-base residence, the service provider may be able to assist with arranging phone service as well.

1. Phones – On base Residences:

- On base residents and unofficial phone lines are provided by Verizon Business.
- See below table for basic monthly costs:

Phone	\$36.00 - Unrestricted Plan	\$27.44 - Restricted Plan
	Includes on and off base calling	Includes on base calling only
Maintenance Fee	\$3.00	\$3.00
Voice Mail	FREE	FREE
Call Waiting	FREE	FREE
Caller ID	FREE- if phone has capability	FREE- if phone has capability
100 free minutes to the U.S.	FREE, \$0.03 per minute over 100	Not Available
Off base calls	\$0.03 per minute	Not Available
Cell phone calls	\$0.28 per minute	Not Available
Total Phone	\$39.00	\$30.44

4. Internet - Off-base Residences:

There are several internet service providers available to off-base residents, some with offices right outside the Main Gate. There are many service options available including dial-up, ISDN, and fiber optic. Prices can vary greatly depending on the type of service and the method you use to obtain a phone line. Internet service providers can usually also help you with obtaining phone service. We recommend doing some comparison shopping, and you should be able to find a service that meets your needs and your budget.

5. Internet – On-base Residences:

The only internet provider available on base is Verizon Business. You must have a phone line in order to receive internet services on base. Additional details on Verizon services can be found at.

Internet (up to 12 Mbps)	\$60.99	\$60.99
Total Phone/Internet	\$99.99	\$91.44

L. TELEVISION AND RADIO:

1. TV and Radio stations:

AFN TV is provided without cost to on-base residents by the 35th Communications Squadron.

Channel 3 – AFN Spectrum	Channel 11 – AFN Sports
Channel 4 – AFN Prime Pacific	Channel 12 – AFN Prime Atlantic
Channel 5 – AFN news	Channel 13 – Commander's Access Channel
Channel 6 – AFN Xtra	Channel 14 – Base Weather Channel
Channel 7 – AFN Program Guide	Channel 15 – 35 FSS Sq
Channel 8 – Pentagon Channel	Channel 16 - DoDEA
Channel 9 – AFN Family	Channel 17 – Air Mobility Command
Channel 10 – AFN Movie	

You receive local Japanese channels. Some have English programming, but they are very interesting even when you do not understand it! AFN Radio services are also through the television. Complete TV schedules are available on MyAFN.net.

Off base residents can receive decoders through and FMO for AFN programming. Without the decoder, only AFN|prime Pacific is available on UHF-TV Channel 66 with a "rabbit ears" or rooftop antenna.

AFN Radio is broadcast on AM 1575 kHz, and base cable FM 88.3 MHz AFN Misawa AM 1575 has the latest weather conditions and school closings. You can receive the station on FM by connecting a radio to the on-base cable TV feed then tuning to the FM band. The base radio station is also provided as the audio on the Commander's Access Channel and the AFN Program Guide. More radio channels are available on base as part of the TV package or by connecting a radio to the cable TV on base.

2. Digital Cable TV Service:

Digital Cable channels are provided to on base residences through Allied Telesis. For more information please visit the website at www.atcc-gns.com.

Tel: 315-616-5096, Hours: M-F, 0900-1800

•	Digital Plus TV- includes one standard set top box	\$52.45
•	Additional Standard STB	\$6.25
•	HD/DVR STB Upgrade	\$6.95
•	Additional HD/DVR STB	\$15.95
•	Showtime/The Movie Channel - Must be a Digital Plus Subscriber.	\$15.70
•	Starz/Encore -	\$12.08
•	TFC-The Filipino Channel - Must be a Digital Plus Subscriber	\$11.95
•	GMA- Must be a Digital Plus Subscriber	\$10.00
•	High Definition Package	\$4.95
	 Only the movie channels are broadcast in HD at this time 	

M. CARS: Return to Table of Contents

Almost everyone buys used cars. You cannot take Japanese cars back to the US without extensive conversion repairs. Average conversion price is up to \$5,000, with trucks and vans running up towards \$7,600. You can often find decent cars for less. Be aware of the Japanese Compulsory Insurance (JCI) date on the car you are interested in buying. You should look for a car with at least 6 months JCI remaining. Every car owner must have liability insurance as well as JCI. Road tax is every April; cost is

based on the size and style of car you have. Renewing JCI occurs every 2 years you will want to budget for that expense.

N. PETS:

Return to Table of Contents

If you bring a pet, keep all the paperwork you need with you. For information about what happens to your pet in the event of a NEO evacuation, contact the Airman and Family Readiness Center Readiness NCO or your unit NEO Coordinator. There is a veterinary clinic on base. There are also 3 vet clinics off base that have English speakers. In the event of an emergency after hours you may call the hospital emergency room (not 911) to have them call the veterinarian, or you may have to use the off base clinics.

O. BASE DIRECTORY (ABBREVIATED)

Return to Table of Contents

(The prefix for all DSN numbers listed below is 315)

EMPLOYMENT AGENCIES

AAFES HRO	616-6070	Bldg. 325	M – F: 0730 – 1630
Navy HRO	226-4674	Bldg. 980	M – F: 0730 – 1630
35 FSS HRO	226-3108	Bldg. 653	M - F: 0730 - 1630

FOOD / RESTAURANTS

Burger King	616-5905	Bldg. 526	M - Sat 0600 - 2100
			Sun 0900 – 2100
Café Mokuteki	616-6388	Bldg. 626	24 hours daily
			Closed 2nd Tue. each month
			Lunch special 1100 – 1400
			Breakfast: 2200 – 1100
Falcon Feeder Dining	226-1635	Bldg. 3262	Breakfast: 0630 - 0800
Facility			Lunch: 1100 – 1400
			Dinner: 1800 – 2000
Grissom Dining Facility	226-4463	Bldg. 624	Breakfast: 0530 – 0800
			Lunch: 1030 – 1300
			Expressway: 1300 – 1400
			(take out only)
			Dinner: 1630 - 1930
			Midnight Meal: 2230 - 0100
Exchange Food Court	616-6250	Bldg 325	M – F: 0630 – 2000
			Sat: 0730 – 2000
			Sun: 1030 – 1900
Lake View Grill	616-1963	Bldg. 1464	M-F: 1030 – 1400
Magnums Steak &	616-8443	Bldg.	Thu – Sat: 1700 – 2000
Seafood		485/486	Closed Sun - Wed
Tohoku Dining Room	616-1893	Bldg. 486	Lunch: M - F, 1100 - 1300
			Dinner: Tue - Fri, 1700 - 2000
			Brunch: Sun, 1000 - 1400
Popeye's	616 – 1733	Bldg. 525	M – F: 0600 – 2100
			Sat: 0900 – 2100
			Sun: 1000 – 2100
Accounting & Finance	226-9242	Torii Bldg	M - F: 0900 – 1600

MILITARY AND PERSONNEL SERVICES

Airman and Family	226-4735	Bldg. 656	M-W, & F: 0730 – 1630
Readiness Center			Thur: 0730-1400

Furnishings	226-3565	Bldg. 1341	M – F: 0730 - 1630
Management Office			
Hospital	Appt. Line phone: 226-6111	Bldg. 99	Appt. Line hrs:
			M – F: 0700 – 1600
Housing	226-3200	Bldg. 656	M – F: 0730 - 1630
Legal	226-4022	Bldg. 656	M – F: 0730 - 1630
Military Personnel	226-4002	Bldg. 653	M, Tu & Th, F: 0900 – 1600
Section—Air Force			Wed: 0900 - 1400
Navy Personnel Support	226-4610	Bldg. 980	M & Tu: 0730 – 1600
Detachment			W, Th & F: 0730 – 1500
Women Infant and	226-5595	Bldg. 696	M-F: 0730 – 1600
Children Overseas			
(WICO)			
Traffic Management	226-3525	Bldg. 656	M – F: 0730-1630
Office			

RETAIL

AAFES Exchange Mall	616-6049	Bldg. 325	M – Sat: 0900 - 2100
			Sun: 0900 – 1900
Commissary	226-3482	Bldg. 323	Tu – Sat: 0900 - 2100
			Sun: 1000 - 1700
Furniture Mart	616-6066	Bldg. 429	Tu – Sat: 1000 – 1800
			Sun 1000 – 1700
Shoppette	616-5750	Bldg. 525	Daily 0600 - 0000

CHILDREN'S SERVICES

Child Development	226-4666	Bldg. 10	M – F: 0600 – 0600
Center			
Family Child Care	226-2273	Bldg. 656	M-F: 0730 - 1630
Cummings Elementary	226-2647	Bldg 1948	M – F: 0700 – 1600
School		(North	
		Area)	
Edgren High School	226-4377	Bldg 746	M – F: 0700 – 1600
Lunney Youth Center -	226-3220	Bldg. 112	Office: M – F: 1000 – 1700
Ages 9-12			Youth Center Hours:
			M – Th: 1400 – 1800
			Fri: 1400 -1700
School Age Program.	226-4470	Bldg 412	M – F: 0600 – 1800
Age 5 - 12			
Sollars Elementary	226-3933	Bldg 80	M – F: 0730 – 1600
School			
Wakasa Teen Center -	226-3220	Bldg 112	Fri & Sat: 1800-2200
ages 12-18			at Lunney Youth Center

BASE SERVICES

21122 8211 1028				
Auto Skills Center	226-4654	Bldg. 767	T – F: 1100 – 1800	
			Sat & Sun: 0900 – 1800	
Base Chapel	226-4630	Bldg 358	M – F: 0730 – 1630	

43

Dana Dani (Himbana)	226 2152	D14- C25	O G
Base Pool (Himberg)	226-3152	Bldg. 625	Open Swim
			Mon - Fri: 1300 – 1500
			M & W: 1800 – 1900
			Fri: 1800-2000 (water toys OK)
			Sat: 1300 - 1600
			Lap Swim
			M - F: 0600 – 2000
			Closed 1000 - 1100
Wamsley Bowling	616-3998	Bldg. 627	Sun - Th: 1100 – 2200
Center			Fri & Sat: 1100 – 0000
Arts and Crafts	226-4452	Bldg. 645	M-Sat: 1000 – 1800
The and Cruits	220 1132	Blag. 013	Woods Shop
			Tu- Fri: 1200-2000
			Sat: 1000-1800
			Graphics Shop
			M – F: 1000-1800
			Frame Shop
			M-F: 1000-1800
Community Bank	226-4990	Bldg 320	M - Th: 0900 - 1500
			Fri and military paydays: 0900 –
			1700
Community Center	226-4128	Bldg. 626	Tu – Sat: 0900 – 1700
			Game room:
			Tu - Sat: 0900 - 2000
			Sun: 1500 – 2000
Navy Federal Credit	616-5412	Bldg 320	M – F: 0900 – 1600
Union Union	010-3412	Diug 320	WI - 1. 0900 - 1000
Fitness Center	226-9976	Bldg. 1962	M – F: 0500 – 2200
	220-9970	Blug. 1902	Sat & Sun: 0900 – 1700
(Freedom)	226 2092	D11. C22	
Fitness Center (Potter)	226-3982	Bldg. 622	0600 Sunday – 2300 Friday
			Saturday: 0600 – 2300
Golf Course (Gosser	616-2065	Bldg. 1464	M - F: 0730 - 1600
Memorial)			
ITT Travel	Local tours, ph 226-3555	Bldg. 626	M – F: 0900 – 1800
	Leisure travel, ph 226-9714		Sat: 1000 – 1400
	_		Closed 2 nd Mon. each month
Library	226-4083	Bldg. 629	M – Th: 1000 – 2000
		8.8.	F – Sun: 1200 – 1800
Lodging	222-0282	Bldg. 670	24 hours daily
Outdoor Recreation /	226-9378	Bldg. 973	Sun – Tu, Th - Sat: 1000 – 2100
Weasel's Den	223 73 70	Diag. 713	Closed Wed.
Pitt Stop Auto Center	226-9486	Bldg. 965	Mon – Fri: 0730 – 1645
Fitt Stop Auto Center	220-7400	Diug. 903	
The Co. Cl	226 4447	D11. 740	Sat: 0900 – 1600
Thrift Shop	226-4447	Bldg. 540	M, Tu: 0900 – 1200
			W: 1600 – 1900
Veterinary Services	226-4502	Bldg. 1370	M & F: 0900 - 1600
			Tu: 0900 – 1600
			Wed: 0800 – 1500
			Thu: 0800 - 1200
			1110. 0000 1200

4. JAPANESE LANGUAGE AND CULTURE

A. JAPANESE SURVIVAL TIPS

Return to Table of Contents

DO'S

- **<u>DO</u>** go off-base as often as possible. Don't miss put on all Japan has to offer!
- **<u>DO</u>** be considerate of other people at all times. The whole system of Japanese customs and courtesy is based on consideration of others.
- **<u>DO</u>** try to learn as much of the Japanese language as possible. It's not nearly as difficult as you might imagine. A little language goes a long way in prompting friendship.
- **<u>DO</u>** keep to the left, not only on the roads, but also on sidewalks, hallways and stairs. You will bump into people less often if you stay to the left.
- **<u>DO</u>** try all kinds of Japanese food. You'll be surprised at how quickly you'll develop a taste for things you thought you wouldn't like.
- $\underline{\mathbf{DO}}$ pick up your bowl of miso soup and drink form the bowl. It is not considered ill-mannered in Japan.
- **<u>DO</u>** learn how to use "hashi" (chop sticks). Anything can be eaten with hashi and you will become very proficient with a little practice.

DON'T

- <u>**DON'T**</u> eat or drink while walking on the streets or in public places, except at festivals. It is considered very ill-mannered. When Japanese people buy food or drink at a stand, they either eat it at the stand, a designated eating area, or take it home.
- **<u>DON'T</u>** talk loudly or play music loudly while walking on the streets or in public where you will disturb people.
- **<u>DON'T</u>** be boisterous, horse around, use profanity, whistle or yell at a female, or otherwise attract unfavorable attention to yourself. Japanese people are very private.
- **DON'T** show physical affection in public.
- **DON'T** wear your shoes in Japanese homes and in some public places.
- **<u>DON'T</u>** tip in Japan. On base, tip as you would in the United States.

B. YEN RATE:

Return to Table of Contents

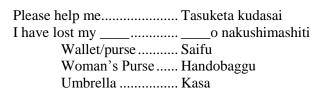
The yen rate currently fluctuates around 70 - 85 yen to 1 dollar. A helpful currency conversion website is www.oanda.com.

Return to Table of Contents

C. JAPANESE LANGUAGE GUIDE

Pronunciation: Consonants are pronounced as in English. Pronounce vowels as follows: "a" as the "a" in father, "I" as the "e" in he, "u" as the "o" in to, "e" as the "e" in bed, and "o" as the owe. Vowels must be pronounced correctly to be understood. Break works into syllables clearly and with an even accent.

Good Morning......Ohayo gozaimasu Thank you Domo arigato Good afternoon......Kon nichi wa You're welcome Do itashimaste Good EveningKon ban wa Yes......Hai Good-byeSayonara No lie Hello (telephone)Moshi Moshi Excuse MeSumimasan What is this? (that?) Kore (are) wa nan desu ka? Where can I buy?..... Doko de kae masuka How are you?.....Genki desu ka? I'm sorryGomen nasai What is your name? Onemamae wa nan desu ka? Do you understand...... Wakarimasu ka? I'm fine, thank you......Hai, genki desu, domo I don't understand Wakarimasen PleaseDozo Do you speak English?..... Eigo o hanashi masu ka? Let me introduce_____o goshokai shima su. I'm pleased to meet you............Dozo yoroshiku. What time is it now?......Ima nanji desu ka? How much is this?......Kore wa ikura desu ka? Please give me change.Ryogae o shite kudasai.







Train Station. Eki
Bank...... Ginko
Telephone Denwa

D. EATING OUT

Return to Table of Contents

Arriving in a strange new country can be a harrowing experience no matter how much you've looked forward to it. If you're a newcomer to Japan, we'd like to help you get started on the right foot. We've gathered some information about the food and language that we think will be helpful to you.

1. DINING OUT

In department store and some other restaurants, you must buy tickets for your food before you sit down. Wax models of the foods are usual located at the entrance. After making your selection, tell it to the cashier. You will pay at this time and the cashier will give you tickets. If you can't read the name of your selection, ask the cashier to follow you to the display case and point to what you want. The waiter will tear your tickets in half and bring your items when they are ready

Some useful phrases:

Note- Japanese (green) tea is usually available free for the asking in many restaurants. Other beverages can be quite expensive. Ocha is drunk unsweetened.

2. WHAT'S ON THE MENU?

We've listed some foods which you might like to try when you first arrive. The name of each in Roman letters and Japanese characters to help you recognize it on a menu or food display. Enjoy!

Gohan (rice, ご飯, ごはん) – Plain, steamed rice

Chaanan (fried rice, 炒飯, チャーハン) – rice fried with onions, vegetables and sometimes meat

Karee-raisu (curry rice, $\mathcal{D} \mathcal{V} - \mathcal{P} \mathcal{A}$) – Steamed rice with a curry sauce over it, containing various meats or seafood, and usually vegetables.

Tempura (天ぷら, てんぷら) – Shrimp and vegetables coated with a batter and deep-fried. Served with a dipping sauce.

Tendon (天井) – A bowl of rice with deep-fried shrimp and/or fish. A thin sauce is poured over also that the shrimp are not as crispy as in Tempura. This usually comes with a bowl of broth soup and a small dish of pickled vegetables.

Yakisoba (Fried noodles, 焼きそば, やきそば) - Soft Chinese noodles fried with onions, cabbage, carrots and meat of seafood, flavored with soy sauce or a lightly sweeter sauce.

Sukiyaki (すき焼, すきやき) – Cooked at your table, this dish can fairly expensive. Thin slices of beef and vegetables are cooked in a mixture of soy sauce, sake and sugar. A raw egg is provided with each dinner. Mix it up a bit and dip your meat land vegetables into it before eating them.

Gyoza (餃子, ぎょうざ) – Crescent-shaped Chinese pastries filled with ground pork, cabbage and green onions. Many people prefer them fried, but they can be boiled or steamed. Dip into a mixture of sesame seed oil, vinegar, and hot pepper.

Yakitori (焼き鳥, やきとり) – A snack consisting of small pieces of chicken (can include skin and liver) dipped into a sauce and then grilled on skewers over charcoal.

Tonkatsu (トンカツ, とんかつ) – (pork cutlet) A deep-fried breaded pork cutlet, usually served with finely shredded cabbage. This meal might also include a potato salad or slice of tomato.

Sushi/Sashimi (寿司、すし/刺身, さしみ) – Sushi refers to slices of very fresh raw fish, placed on or in balls of vinegared rice, sometimes wrapped in seaweed. This is picked up with fingers or chopsticks and dipped in soy sauce before eating. Fresh raw fish served alone in thin slices artfully arranged on a plate is called sashimi.

Udon/Soba (5 Eh/ ett) – Udon refers to noodles made of white flour which comes in several shapes, from thin and round like vermicelli to flat and thick like macaroni. Soba refers to noodles made of darker buckwheat flour and generally the shape of ordinary spaghetti. Both can be served hot or cold, with a tasty broth.

Oden (おでん) - Japanese enjoy a dish which was developed 250 years ago. It consists of fish, bean curd, bamboo shoots, eggs, and various combinations of fish-paste covered vegetables simmered in a soup stock made of dashi, chicken broth, seaweed, etc.

ENJOY THE TASTES OF JAPAN!

Welcome Package Survey Airman and Family Readiness Center, DSN 315-226-4735

Please take a few minutes to let us know if this Welcome Package met your needs as you prepared for your relocation to Misawa. We welcome and encourage feedback that assists us in our efforts to continually improve.

1. Did you use the "Frequently Used Resources" on page 10 and were the links current and									
helpful?									
	Outstanding	Excellent	Good	Fair	Poor	N/A			
Comments:									
2. Using the Table of Contents on page 2, was it easy to find the information you needed?									
	Outstanding	Excellent	Good	Fair	Poor	N/A			
Comments:									
3. Did you find all the information you needed to make your relocation a success, either									
directly in this package or in one of the referral resources listed?									
	Outstanding	Excellent	Good	Fair	Poor	N/A			
4. What is your overall rating of this Welcome Package?									
	Outstanding	Excellent	Good	Fair	Poor	N/A			
What did you like?:									
What needs improvement?:									
•									
Please remove this survey from your package and return it to the Airman and Family									
Readiness Center by dropping it off after your arrival at the									
Airman and Family Readiness Center, Torii Bldg. 656, 1st Floor or mail it to:									
35 FSS/FSFR									
Unit 5019									
APO AP 96319									
Thank you for your assistance!									